

LS R003: STUDY SKILLS FOR LEARNING DISABLED STUDENTS

Originator

pcowan

Co-Contributor(s)
Name(s)

Newlow, Della (dnewlow)

College

Oxnard College

Discipline (CB01A)

LS - Learning Skills

Course Number (CB01B)

R003

Course Title (CB02)

Study Skills for Learning Disabled Students

Banner/Short Title

Study Skills for LD

Credit Type

Credit

Start Term

Fall 2021

Catalog Course Description

This course is designed to develop strategies for studying for college level courses. It will include instruction on scheduling, outlining, decision-making skills, goal setting and planning, and self-assessments. Introduces strategies and skills to enhance academic success and personal growth for lifelong learning. Including gaining self-awareness of personal responsibility, motivation, career and life planning, goal setting, communication, stress reduction and the development of a self-management system.

Taxonomy of Programs (TOP) Code (CB03)

4930.32 - Learning Skills, Learning Disabled

Course Credit Status (CB04)

C (Credit - Not Degree Applicable)

Course Transfer Status (CB05) (select one only)

C (Not transferable)

Course Basic Skills Status (CB08)

B - The Course is a Basic Skills Course

SAM Priority Code (CB09)

E - Non-Occupational

Course Cooperative Work Experience Education Status (CB10)

N - Is Not Part of a Cooperative Work Experience Education Program

Course Classification Status (CB11)

Y - Credit Course

Educational Assistance Class Instruction (Approved Special Class) (CB13)

S - The Course is an Approved Special Class

Course Prior to Transfer Level (CB21)

Y - Not Applicable

Course Noncredit Category (CB22)

Y - Credit Course

Funding Agency Category (CB23)

Y - Not Applicable (Funding Not Used)

Course Program Status (CB24)

2 - Not Program Applicable

General Education Status (CB25)

Y - Not Applicable

Support Course Status (CB26)

N - Course is not a support course

Field trips

May be required

Grading method

Letter Graded

Alternate grading methods

Student Option- Letter/Pass
Pass/No Pass Grading

Does this course require an instructional materials fee?

No

Repeatable for Credit

No

Is this course part of a family?

No

Units and Hours

Carnegie Unit Override

No

In-Class

Lecture

Minimum Contact/In-Class Lecture Hours

17.5

Maximum Contact/In-Class Lecture Hours

17.5

Activity

Laboratory

Total in-Class

Total in-Class

Total Minimum Contact/In-Class Hours

17.5

Total Maximum Contact/In-Class Hours

17.5

Outside-of-Class

Internship/Cooperative Work Experience

Paid

Unpaid

Total Outside-of-Class

Total Outside-of-Class

Minimum Outside-of-Class Hours

35

Maximum Outside-of-Class Hours

35

Total Student Learning

Total Student Learning

Total Minimum Student Learning Hours

52.5

Total Maximum Student Learning Hours

52.5

Minimum Units (CB07)

1

Maximum Units (CB06)

1

Student Learning Outcomes (CSLOs)

Upon satisfactory completion of the course, students will be able to:

- | | |
|---|---|
| 1 | Students will demonstrate appropriate test taking techniques. |
| 2 | Students will utilize organizational tools for successful college experience. |
| 3 | Students will assimilate research techniques for career and information through the use of the library or internet. |
| 4 | Student will demonstrate ability to use tools to regulate stress and anxiety brought on by school related activities such as exams and public speaking. |

Course Objectives

Upon satisfactory completion of the course, students will be able to:

- | | |
|----|--|
| 1 | Understand the basic process of note-taking in a lecture course |
| 2 | Create a week-at-a-glance calendar for keeping organized |
| 3 | Develop a schedule for the amount of time needed to succeed in courses |
| 4 | Create a study schedule and tools to help them succeed in courses required for degree |
| 5 | Use technology to aid in study skills |
| 6 | Apply test taking techniques |
| 7 | Perform research through library and internet resources |
| 8 | Students will narrow down their major, certificate or degree pathway to two choices. |
| 9 | Students will understand personal responsibility and how that relates to their personal success in academia. |
| 10 | Students will narrow down career path and know the guided pathway to reach their goals. |
| 11 | Students will understand distractions in their life that inhibit their motivation, and strategies to work around them. |

Course Content

Lecture/Course Content

1. Study Skills and Strategies
 - a. Make use of technology to help with studying such as Microsoft Word and PowerPoint
 - b. Use calendar to aid in scheduling and time allocation
 - c. Writing short papers
 - d. Reading textbooks
 - e. Taking examinations
 - f. Remembering
 - g. Researching a term paper
 - h. Vocabulary development
2. Decision Making Skills
 - a. Self-assessment through interest and personality inventories
 - b. Develop personal insight and knowledge
3. Academic Major, Degree or Certificate
 - a. Understand Guided Pathways through Oxnard College
 - b. Understand the IGETC form
 - c. Self- Assessment for degree guidance
4. Stress Management
 - a. Understanding how stress effects the brain
 - b. Techniques used to de-stress
 - c. Relationships and stress
5. Career Trajectory
 - a. Take career assessments
 - b. Understanding key components of career choices: hours, pay, benefits, etc.
 - c. Interview skills and role play
6. Communication on Campus
 - a. Understanding the Community College community
 - b. Learning how to work in groups in the college setting
 - c. Communication with professors and counselors on campus including self-advocacy
7. Self- Awareness and Motivation
 - a. Introduction to internal vs external motivation
 - b. Self awareness of personal interests and subjects that find joy and purpose

Laboratory or Activity Content

None

Methods of Evaluation

Which of these methods will students use to demonstrate proficiency in the subject matter of this course? (Check all that apply):

Skills demonstrations
Written expression

Methods of Evaluation may include, but are not limited to, the following typical classroom assessment techniques/required assignments (check as many as are deemed appropriate):

Essay exams
Group projects
Individual projects
Journals
Oral presentations
Quizzes
Reports/papers
Research papers
Skills demonstrations
Skill tests

Instructional Methodology

Specify the methods of instruction that may be employed in this course

Audio-visual presentations

Computer-aided presentations
 Collaborative group work
 Class activities
 Class discussions
 Distance Education
 Group discussions
 Guest speakers
 Internet research
 Lecture
 Role-playing
 Small group activities

Describe specific examples of the methods the instructor will use:

1. Instructor will provide mini-lessons on technology students will need to use for college success: MS Word, PowerPoint, etc.
2. Instructor will provide guest speakers to discuss career paths with class, and/or career counseling information
3. Instructor will provide strategies to conduct research from reputable sources and websites, for students to develop career plans and paths
4. Instructor will facilitate group projects where students will research, prepare and present information to the class on various topics related to skills that lend themselves to college success
5. Instructor will pair students up to have them role-play the job interview process, and will help students to learn to put their best foot forward
6. Instructor will provide opportunities for discussions on such topics as "What is working for you in terms of your study skills habits?" and "What areas do you think you could improve upon?"
7. Instructor will lecture about topics such as Top 10 Study Skills pointers, How to Ace a Job Interview, Self-Advocacy in education
8. Instructor will lead students on a tour of the campus to be sure they know where the resources they may need are located, and how to access them. Including Counseling Center, Financial Aid, Career Center, Tutoring Center, Bookstore, Student Health Center, Associated Student Body Office, and Educational Assistance Center, etc.
9. Instructor will provide opportunities for students to access career information, and information on career pathways to help come to ideas regarding future plans.

Representative Course Assignments

Writing Assignments

1. Written exercises from journals, calendar, study outlines.
2. Research papers regarding careers of interest.
3. Weekly discussion boards and debates.

Critical Thinking Assignments

1. Evaluating success factors that will transfer to UC, CSU or career of choice.
2. Evaluating personal responsibility and how choice affect outcomes.

Reading Assignments

1. Students are assigned to read various topics from instructor handouts, catalogs, journals, news, and other sources.
2. Research materials for career choices, papers, group projects and presentations.

Skills Demonstrations

1. Oral presentations
2. Interview skills
3. Demonstration for group work in a college setting
4. Students will demonstrate the ability to locate appropriate services on campus, and to request information they need from the correct people

Other assignments (if applicable)

1. Other assignments may include the use of Microsoft Word and PowerPoint to write papers, calendars, presentations, and resumes.

Outside Assignments

Representative Outside Assignments

1. Research paper, interview practice, study skills sessions, group work sessions, motivation, de-stress technique practice, watching course related videos.

Articulation

Comparable Courses within the VCCCD

LS V03B - Study Skills: Test Taking/Proofreading

Library Resources

Sufficient Library Resources exist

Yes

Distance Education Addendum

Definitions

Distance Education Modalities

Hybrid (51%–99% online)

Hybrid (1%–50% online)

100% online

Faculty Certifications

Faculty assigned to teach Hybrid or Fully Online sections of this course will receive training in how to satisfy the Federal and state regulations governing regular effective/substantive contact for distance education. The training will include common elements in the district-supported learning management system (LMS), online teaching methods, regular effective/substantive contact, and best practices.

Yes

Faculty assigned to teach Hybrid or Fully Online sections of this course will meet with the EAC Alternate Media Specialist to ensure that the course content meets the required Federal and state accessibility standards for access by students with disabilities.

Common areas for discussion include accessibility of PDF files, images, captioning of videos, Power Point presentations, math and scientific notation, and ensuring the use of style mark-up in Word documents.

Yes

Regular Effective/Substantive Contact

Hybrid (1%–50% online) Modality:

Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	Weekly discussion board topics such as "What are your top 3 interests in career possibilities? Why are you interested in the 3 you selected?"
E-mail	Instructor will email assignments and links for students to view as needed.
Other DE (e.g., recorded lectures)	Instructor will record lectures for students to watch on their own. Lectures may include such topics as a mock job interview, or a mock appointment with an academic counselor.

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Synchronous Dialog (e.g., online chat)	Students and instructor may meet online via the online learning portal to discuss relevant topics over chat or zoom

100% online Modality:

Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	Weekly discussion board topics such as "What are your top 3 interests in career possibilities? Why are you interested in the 3 you selected?"
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Examinations

Hybrid (1%–50% online) Modality

Online
On campus

Hybrid (51%–99% online) Modality

Online
On campus

Primary Minimum Qualification

LEARNING DISABILITIES, DSPS

Review and Approval Dates

Department Chair

10/23/2020

Dean

10/26/2020

Technical Review

10/28/2020

Curriculum Committee

10/28/2020

Curriculum Committee

12/09/2020

CCCCO

MM/DD/YYYY

Control Number

CCC000186801

DOE/accreditation approval date

MM/DD/YYYY