# DANC R102B: MODERN DANCE II

Originator msanchez

## College

Oxnard College

Discipline (CB01A) DANC - Dance

Course Number (CB01B) R102B

Course Title (CB02) Modern Dance II

Banner/Short Title Modern Dance II

Credit Type Credit

Start Term Fall 2021

### **Catalog Course Description**

This course focuses on intermediate to advanced modern dance skills and technique necessary for performing dance compositions and student performances.

Taxonomy of Programs (TOP) Code (CB03) 1008.00 - Dance

**Course Credit Status (CB04)** 

D (Credit - Degree Applicable)

Course Transfer Status (CB05) (select one only)

A (Transferable to both UC and CSU)

Course Basic Skills Status (CB08) N - The Course is Not a Basic Skills Course

## SAM Priority Code (CB09)

E - Non-Occupational

Course Cooperative Work Experience Education Status (CB10)

N - Is Not Part of a Cooperative Work Experience Education Program

### Course Classification Status (CB11)

Y - Credit Course

Educational Assistance Class Instruction (Approved Special Class) (CB13)

N - The Course is Not an Approved Special Class

## Course Prior to Transfer Level (CB21)

Y - Not Applicable

**Course Noncredit Category (CB22)** 

Y - Credit Course

#### Funding Agency Category (CB23)

Y - Not Applicable (Funding Not Used)

## Course Program Status (CB24)

1 - Program Applicable

**General Education Status (CB25)** Y - Not Applicable

Support Course Status (CB26)

N - Course is not a support course

## Field trips

May be required

## Grading method

Letter Graded

### Alternate grading methods Student Option- Letter/Pass

Pass/No Pass Grading

Does this course require an instructional materials fee? No

## **Repeatable for Credit**

No

Is this course part of a family? Yes

Select the other courses that make up this family DANC R102A - Modern Dance I

## **Units and Hours**

Carnegie Unit Override No

In-Class

Lecture Minimum Contact/In-Class Lecture Hours 17.5 Maximum Contact/In-Class Lecture Hours 17.5

## Activity

Laboratory Minimum Contact/In-Class Laboratory Hours 52.5 Maximum Contact/In-Class Laboratory Hours 52.5

## **Total in-Class**

Total in-Class Total Minimum Contact/In-Class Hours 70 Total Maximum Contact/In-Class Hours 70

## **Outside-of-Class**

Internship/Cooperative Work Experience

Paid

Unpaid

## **Total Outside-of-Class**

Total Outside-of-Class Minimum Outside-of-Class Hours 35 Maximum Outside-of-Class Hours 35

## **Total Student Learning**

Total Student Learning Total Minimum Student Learning Hours 105 Total Maximum Student Learning Hours 105

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Minimum Units (CB07)
2
Maximum Units (CB06)
2
Prerequisites
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DANC R102A or equivalent

## **Entrance Skills**

Entrance Skills

To be successful in DANC R102B, students should have beginning knowledge and ability of basic modern dance technique.

### **Prerequisite Course Objectives**

DANC R102A-Identify basic physical needs to maintain a healthy, safe body for dance: i.e. warm-up, proper nutrition and hydration, sleep, conditioning, and injury prevention. DANC R102A-Develop knowledge of the body through fundamental conditioning; i.e. strength, endurance, flexibility, coordination, and agility. DANC R102A-Discuss the origins and history of modern dance. DANC R102A-Identify famous modern dancers and choreographers. DANC R102A-Demonstrate flexibility, strength and skill. DANC R102A-Demonstrate increased endurance and performing abilities.

Requisite Justification Requisite Type Prerequisite

### Requisite

DANC R102A

## **Requisite Description**

Course in a sequence

#### Level of Scrutiny/Justification

Content review

	Learning Outcomes (CSLOs)		
	Upon satisfactory completion of the course, students will be able to:		
1	Students will demonstrate intermediate level modern dance technique and movements through group and individual performances.		
2	Students will demonstrate basic proficiency of modern dance technique and movement.		
3	Students will learn the history and origins of modern dance.		
4	Students will perform five basic modern dance movements in a basic dance combination.		
Course (	Dbjectives		
	Upon satisfactory completion of the course, students will be able to:		
1	Identify basic physical needs to maintain a healthy, safe body for dance: i.e. warm up, proper nutrition and hydration, sleep, conditioning, and injury prevention.		
2	Develop knowledge of the body through fundamental conditioning; i.e. strength, endurance, flexibility, coordination, and agility.		
3	Perform modern dance skill at increasing levels.		
4	Perform advanced modern composition.		
5	Physically demonstrate strength, endurance, and coordination in dance.		
6	Discuss modern dance history, philosophy, style and choreography.		
7	Identify and discuss modern dance techniques including, but not limited to Limón, Graham, and Duncan.		
8	Choreograph and perform advanced dance routines individually and in groups in and outside of class as performance pieces.		

## **Course Content**

## Lecture/Course Content

1. Understanding information given in progression by explanation of:

- a. Time intervals
- b. Space intervals
- c. Direction
- d. Action and reaction
- e. Motion and momentum
- f. Analyzing movement
- g. Concentration
- 2. Understanding Physical Laws such as:
  - a. Motion
  - b. Momentum c. Inertia
  - d. Gravity
  - e. Action and reaction
  - f. Discipline

  - g. Problem solving
  - h. Safety
  - i. Goals
- 3. History and technique of famous dancers/choreographers (e.g. Martha Graham and Jose Limón).

#### Laboratory or Activity Content

- 1. Physical skills related to specific dance technique for improved performance and safety:
  - a. Body alignments and back elongations
  - b. Flexibility exercises
  - c. Movement from the center
  - d. Use of energy
  - e. Lift and placement
  - f. Creative expression and body rhythm
  - g. Articulation
  - h. Basic locomotion
  - i. Kinesthetic awareness (awareness of the body in space)
- 2. Understanding information given in progression by demonstration and practiced by drills which focus on:
  - a. Time intervals
  - b. Space intervals
  - c. Direction
  - d. Action and reaction
  - e. Motion and momentum
  - f. Analyzing movement
  - g. Concentration
- 3. Performing Physical Laws such as:
  - a. Motion
  - b. Momentum
  - c. Inertia
  - d. Gravity
  - e. Action and reaction
  - f. Discipline
  - g. Problem solving
  - h. Safety
  - i. Goals

## **Methods of Evaluation**

Which of these methods will students use to demonstrate proficiency in the subject matter of this course? (Check all that apply): Skills demonstrations

Methods of Evaluation may include, but are not limited to, the following typical classroom assessment techniques/required assignments (check as many as are deemed appropriate):

Essays Group projects Individual projects Journals Objective exams Performances Projects Quizzes Reports/papers Skills demonstrations

## Instructional Methodology

#### Specify the methods of instruction that may be employed in this course

Computer-aided presentations Collaborative group work Class activities Class discussions Distance Education Demonstrations Field trips Guest speakers Instructor-guided interpretation and analysis Instructor-guided use of technology

#### Lecture

Small group activities

#### Describe specific examples of the methods the instructor will use:

- 1. Skills will be presented in a developmental progression by explanation, demonstration and participation.
- 2. Physical demonstration of dance by the instructor will serve as a model for students.
- 3. Students and the instructor will participate physically throughout the class period.
- 4. Students will utilize music to assist with dance routines and physically apply the exercise being taught.
- 5. Students will work with a partner in order to assist one another with the conditioning exercises.
- 6. The instructor will use a dance fitness evaluation at the beginning of the semester, mid-term and at the end of the semester

## **Representative Course Assignments**

#### Writing Assignments

- 1. Writing term paper on dance personality or company.
- 2. Dance performance critique

### **Reading Assignments**

- 1. Textbook assignments
- 2. Materials presented by instructor via LMS and internet. Students will read descriptions and history of dance technique covered in class, and biographical information on dancers and choreographers.
- 3. Research for a term paper

#### **Skills Demonstrations**

Students will perform a short choreographed dance implementing techniques and styles studied in class.

The instructor will use a dance fitness evaluation at the beginning of the semester, mid-term, and at the end of the semester to asses students' dance fitness.

### Other assignments (if applicable)

- 1. Students will observe professional dancers perform (live or on video) and discuss the performance.
- 2. Additional hours of practice and rehearsal time on their original dance routine.

## **Outside Assignments**

### **Representative Outside Assignments**

1. Students will observe professional dancers perform and discuss the performance in class. This activity can be a live performance or video.

## Articulation

### **Comparable Courses within the VCCCD**

DANC M12B - Modern Dance II - Beginning DANC V10B - Modern II

District General Education			
A. Natural Sciences			
B. Social and Behavioral Sciences			
C. Humanities			
D. Language and Rationality			
E. Health and Physical Education/Kinesiology			
F. Ethnic Studies/Gender Studies			
CSU GE-Breadth			
Area A: English Language Communication and Critical Thinking			
Area B: Scientific Inquiry and Quantitative Reasoning			
Area C: Arts and Humanities			
Area D: Social Sciences			
Area E: Lifelong Learning and Self-Development			
Area F: Ethnic Studies			
CSU Graduation Requirement in U.S. History, Constitution and American Ideals:			
IGETC			
Area 1: English Communication			
Area 2A: Mathematical Concepts & Quantitative Reasoning			
Area 3: Arts and Humanities			
Area 4: Social and Behavioral Sciences			
Area 5: Physical and Biological Sciences			
Area 6: Languages Other than English (LOTE)			
Textbooks and Lab Manuals			

Resource Type Textbook

Classic Textbook Yes

**Description** Franklin, E (2003). *Conditioning for Dance*. (Latest edition) Champaign, II. Human Kinetics.

**Resource Type** Textbook

**Classic Textbook** Yes

#### Description

Penrod, J (2004). The Dancer Prepares: Modern Dance for Beginners. (Latest edition) New York. McGraw-Hill.

#### **Resource Type**

Other Resource Type

#### Description

Recorded media of accomplished dancers.

#### Resource Type

Other Resource Type

#### Description

Modern dance music.

#### **Resource Type** Other Resource Type

#### Description

Handouts by instructors such as diagrams of dance steps.

## **Library Resources**

#### Assignments requiring library resources

Research for report on a renowned dancer, choreographer, or dance company.

## Sufficient Library Resources exist

No

## **Distance Education Addendum**

## **Definitions**

#### **Distance Education Modalities**

Hybrid (51%–99% online) Hybrid (1%–50% online) 100% online

## **Faculty Certifications**

Faculty assigned to teach Hybrid or Fully Online sections of this course will receive training in how to satisfy the Federal and state regulations governing regular effective/substantive contact for distance education. The training will include common elements in the district-supported learning management system (LMS), online teaching methods, regular effective/substantive contact, and best practices.

Yes

Faculty assigned to teach Hybrid or Fully Online sections of this course will meet with the EAC Alternate Media Specialist to ensure that the course content meets the required Federal and state accessibility standards for access by students with disabilities. Common areas for discussion include accessibility of PDF files, images, captioning of videos, Power Point presentations, math and scientific notation, and ensuring the use of style mark-up in Word documents.

Yes

## **Regular Effective/Substantive Contact**

## Hybrid (1%-50% online) Modality:

Hybrid (1%–50% online) Modality:	
Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	Discussions on videos Quizzes on readings Journal entries
E-mail	Frequent communication with students for class updates and assignments
Other DE (e.g., recorded lectures)	Viewing video performances
Hybrid (51%–99% online) Modality:	
Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	Discussions on videos Quizzes on readings Journal entries
E-mail	Frequent communication with students for class updates and assignments
Other DE (e.g., recorded lectures)	Viewing video performances Lecture PowerPoint
Synchronous Dialog (e.g., online chat)	Online chat; scheduled Zoom meetings for instructor-led practice
100% online Modality:	
Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	Discussions on video dance performances Quizzes Reading assignments Written critiques Journal entries
E-mail	Frequent communication with students for class updates and assignments
Other DE (e.g., recorded lectures)	Student submission of video performance for midterm and final. Viewing assigned videos Recorded lectures on historical and cultural elements of modern dance
Telephone	Communication with students for class office hours
Synchronous Dialog (e.g., online chat)	Live sessions in LMS for dance instruction and lectures. Break out groups for tutorials Office hours
Examinations	
<b>Hybrid (1%–50% online) Modality</b> Online On campus	
Underline Anderline	

**Hybrid (51%–99% online) Modality** Online On campus

**Primary Minimum Qualification** DANCE

## **Review and Approval Dates**

Department Chair 09/08/2020

**Dean** 09/09/2020

Technical Review 09/23/2020

Curriculum Committee 09/23/2020

**DTRW-I** 01/14/2021

Curriculum Committee 01/13/2021

Board 01/19/2021

CCCCO MM/DD/YYYY

Control Number CCC000527275

DOE/accreditation approval date MM/DD/YYYY