

DANC R102A: MODERN DANCE I

Originator

msanchez

Co-Contributor(s)
Name(s)

Edwards, Amy (aedwards)

College

Oxnard College

Discipline (CB01A)

DANC - Dance

Course Number (CB01B)

R102A

Course Title (CB02)

Modern Dance I

Banner/Short Title

Modern Dance I

Credit Type

Credit

Start Term

Fall 2021

Catalog Course Description

This course focuses on the development of modern dance techniques with emphasis on combinations of basic skills. Study of the dance phrase integrating elements of rhythm, design, dynamics, and motivation change will also be covered.

Taxonomy of Programs (TOP) Code (CB03)

1008.00 - Dance

Course Credit Status (CB04)

D (Credit - Degree Applicable)

Course Transfer Status (CB05) (select one only)

A (Transferable to both UC and CSU)

Course Basic Skills Status (CB08)

N - The Course is Not a Basic Skills Course

SAM Priority Code (CB09)

E - Non-Occupational

Course Cooperative Work Experience Education Status (CB10)

N - Is Not Part of a Cooperative Work Experience Education Program

Course Classification Status (CB11)

Y - Credit Course

Educational Assistance Class Instruction (Approved Special Class) (CB13)

N - The Course is Not an Approved Special Class

Course Prior to Transfer Level (CB21)

Y - Not Applicable

Course Noncredit Category (CB22)

Y - Credit Course

Funding Agency Category (CB23)

Y - Not Applicable (Funding Not Used)

Course Program Status (CB24)

1 - Program Applicable

General Education Status (CB25)

Y - Not Applicable

Support Course Status (CB26)

N - Course is not a support course

Field trips

May be required

Grading method

Letter Graded

Alternate grading methods

Student Option- Letter/Pass

Pass/No Pass Grading

Does this course require an instructional materials fee?

No

Repeatable for Credit

No

Is this course part of a family?

Yes

Select the other courses that make up this family

DANC R102B - Modern Dance II

Units and Hours

Carnegie Unit Override

No

In-Class

Lecture

Minimum Contact/In-Class Lecture Hours

17.5

Maximum Contact/In-Class Lecture Hours

17.5

Activity

Laboratory

Minimum Contact/In-Class Laboratory Hours

52.5

Maximum Contact/In-Class Laboratory Hours

52.5

Total in-Class**Total in-Class****Total Minimum Contact/In-Class Hours**

70

Total Maximum Contact/In-Class Hours

70

Outside-of-Class**Internship/Cooperative Work Experience**

Paid

Unpaid

Total Outside-of-Class**Total Outside-of-Class****Minimum Outside-of-Class Hours**

35

Maximum Outside-of-Class Hours

35

Total Student Learning**Total Student Learning****Total Minimum Student Learning Hours**

105

Total Maximum Student Learning Hours

105

Minimum Units (CB07)

2

Maximum Units (CB06)

2

Student Learning Outcomes (CSLOs)**Upon satisfactory completion of the course, students will be able to:**

- | | |
|---|--|
| 1 | Demonstrate understanding of important historical and technical facts with relation to the origin of modern dance. |
| 2 | Perform five basic modern dance movements in a basic dance combination. |
| 3 | Learn the history and origins of modern dance. |
| 4 | Demonstrate understanding of basic dance terminology and modern dance vocabulary. |
| 5 | Demonstrate intermediate level modern dance technique and movements through group and individual performances. |

Course Objectives**Upon satisfactory completion of the course, students will be able to:**

- | | |
|---|---|
| 1 | Identify basic physical needs to maintain a healthy, safe body for dance: i.e. warm-up, proper nutrition and hydration, sleep, conditioning, and injury prevention. |
| 2 | Develop knowledge of the body through fundamental conditioning; i.e. strength, endurance, flexibility, coordination, and agility. |
| 3 | Discuss the origins and history of modern dance. |
| 4 | Identify famous modern dancers and choreographers. |
| 5 | Demonstrate flexibility, strength and skill. |
| 6 | Demonstrate increased endurance and performing abilities. |

- 7 Discuss musical construction.
- 8 Express a dance philosophy.

Course Content

Lecture/Course Content

1. Developmental progression through explanation of:
 - a. Time intervals
 - b. Space intervals
 - c. Direction
 - d. Action and reaction
 - e. Motion and momentum
 - f. Analyzing movement
 - g. Concentration
2. Understanding the Physical Laws
 - a. Motion
 - b. Momentum
 - c. Inertia
 - d. Gravity
 - e. Action and reaction
 - f. Discipline
 - g. Problem solving
 - h. Safety
 - i. Goals
3. History and origins of modern dance
 - a. Styles and technique
 - b. Dancers and choreographers

Laboratory or Activity Content

1. Physical skills related to specific dance performances for improved performance and safety are:
 - a. Body alignments and back elongations.
 - b. Flexibility exercises
 - c. Movement from the center
 - d. Use of energy
 - e. Lift and placement
 - f. Creative expression and body rhythm
 - g. Articulation
 - h. Basic locomotion
 - i. Kinesthetic awareness (awareness of the body in space)
2. Developmental progression through demonstration and practiced in drills which focus on:
 - a. Time intervals
 - b. Space intervals
 - c. Direction
 - d. Action and reaction
 - e. Motion and momentum
 - f. Analyzing movement
 - g. Concentration
3. Implementing the Physical Laws
 - a. Motion
 - b. Momentum
 - c. Inertia
 - d. Gravity
 - e. Action and reaction
 - f. Discipline
 - g. Problem solving

- h. Safety
- i. Goals

Methods of Evaluation

Which of these methods will students use to demonstrate proficiency in the subject matter of this course? (Check all that apply):

Skills demonstrations
Written expression

Methods of Evaluation may include, but are not limited to, the following typical classroom assessment techniques/required assignments (check as many as are deemed appropriate):

Essays
Group projects
Individual projects
Journals
Performances
Projects
Quizzes
Reports/papers

Instructional Methodology

Specify the methods of instruction that may be employed in this course

Collaborative group work
Class activities
Class discussions
Distance Education
Demonstrations
Field trips
Group discussions
Guest speakers
Instructor-guided interpretation and analysis
Instructor-guided use of technology
Lecture
Small group activities

Describe specific examples of the methods the instructor will use:

1. Skills will be presented in a developmental progression by explanation, demonstration and participation.
2. Physical demonstration of dance by the instructor will serve as a model for students.
3. Students and the instructor will participate physically throughout the class period.
4. Students will utilize music to assist with dance routines and physically apply the exercise being taught.
5. Students will work with a partner in order to assist one another with the conditioning exercises.
6. The instructor will use a dance fitness evaluation at the beginning of the semester, mid-term and at the end of the semester

Representative Course Assignments

Writing Assignments

1. Students will research and write a 2-3 page report on a renowned dancer, choreographer, or dance company.

Reading Assignments

1. Textbook assignments and teacher handouts. Students will read descriptions and history of dance technique covered in class, and biographical information on dancers and choreographers.

Skills Demonstrations

Students will perform a short choreographed dance implementing techniques and styles studied in class.

The instructor will use a dance fitness evaluation at the beginning of the semester, mid-term and at the end of the semester

Other assignments (if applicable)

1. Students will observe professional dancers perform and discuss the performance in class. This activity can be a live performance or video.

Outside Assignments

Representative Outside Assignments

1. Textbook assignments and teacher handouts. Students will read descriptions and history of dance technique covered in class, and biographical information on dancers and choreographers.
2. Students will research and write a 2-3 page report on a renowned dancer, choreographer, or dance company.
3. Students will observe professional dancers perform and discuss the performance in class. This activity can be a live performance or video.

Articulation

Comparable Courses within the VCCCD

DANC M12A - Modern Dance I - Fundamentals

DANC V10A - Modern I

District General Education**A. Natural Sciences****B. Social and Behavioral Sciences****C. Humanities****D. Language and Rationality****E. Health and Physical Education/Kinesiology****F. Ethnic Studies/Gender Studies****CSU GE-Breadth****Area A: English Language Communication and Critical Thinking****Area B: Scientific Inquiry and Quantitative Reasoning****Area C: Arts and Humanities****Area D: Social Sciences****Area E: Lifelong Learning and Self-Development****Area F: Ethnic Studies****CSU Graduation Requirement in U.S. History, Constitution and American Ideals:****IGETC****Area 1: English Communication****Area 2A: Mathematical Concepts & Quantitative Reasoning****Area 3: Arts and Humanities****Area 4: Social and Behavioral Sciences****Area 5: Physical and Biological Sciences****Area 6: Languages Other than English (LOTE)****Textbooks and Lab Manuals****Resource Type**

Textbook

Classic Textbook

Yes

DescriptionPenrod, J (2004). *The Dancer Prepares: Modern Dance for Beginners* (5th). (Latest edition) McGraw-Hill.**Resource Type**

Textbook

Classic Textbook

Yes

Description

Franklin, E (2003). *Conditioning for Dance*. (Latest edition) Human Kinetics.

Resource Type

Other Resource Type

Description

Videos of accomplished dancers.

Resource Type

Other Resource Type

Description

Music .

Library Resources**Assignments requiring library resources**

Research for report on a renowned dancer, choreographer, or dance company.

Sufficient Library Resources exist

No

Distance Education Addendum**Definitions****Distance Education Modalities**

Hybrid (51%–99% online)

Hybrid (1%–50% online)

100% online

Faculty Certifications

Faculty assigned to teach Hybrid or Fully Online sections of this course will receive training in how to satisfy the Federal and state regulations governing regular effective/substantive contact for distance education. The training will include common elements in the district-supported learning management system (LMS), online teaching methods, regular effective/substantive contact, and best practices.

Yes

Faculty assigned to teach Hybrid or Fully Online sections of this course will meet with the EAC Alternate Media Specialist to ensure that the course content meets the required Federal and state accessibility standards for access by students with disabilities. Common areas for discussion include accessibility of PDF files, images, captioning of videos, Power Point presentations, math and scientific notation, and ensuring the use of style mark-up in Word documents.

Yes

Regular Effective/Substantive Contact**Hybrid (1%–50% online) Modality:**

Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	Discussions on videos Quizzes on readings Practice step sequences Journal entries

E-mail	Frequent communication with students for class updates and assignments
Other DE (e.g., recorded lectures)	Viewing video performances
Hybrid (51%–99% online) Modality:	
Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	Discussions on videos Quizzes on readings Practice step sequences Journal entries
E-mail	Frequent communication with students for class updates and assignments
Other DE (e.g., recorded lectures)	Viewing video performances Lecture PowerPoint
Synchronous Dialog (e.g., online chat)	Online chat; scheduled Zoom meetings for instructor-led practice
100% online Modality:	
Method of Instruction	Document typical activities or assignments for each method of instruction
Synchronous Dialog (e.g., online chat)	- Live sessions in LMS for dance instruction and lectures. - Break out groups for tutorials
Asynchronous Dialog (e.g., discussion board)	Discussions on video dance performances - Quizzes - Reading assignments - Written critiques - Journal entries
Other DE (e.g., recorded lectures)	- Student submission of video performance for midterm and final. - Viewing assigned videos - Recorded lectures on historical and cultural elements of modern dance
E-mail	Frequent communication with individual students. - Weekly updates and announcements
Video Conferencing	Office hours requested by student
Examinations	
Hybrid (1%–50% online) Modality	
Online	
On campus	
Hybrid (51%–99% online) Modality	
Online	
On campus	

Primary Minimum Qualification

DANCE

Review and Approval Dates**Department Chair**

08/20/2020

Dean

08/20/2020

Technical Review

08/26/2020

Curriculum Committee

08/26/2020

DTRW-I

01/14/2021

Curriculum Committee

01/13/2021

Board

01/19/2021

CCCCO

MM/DD/YYYY

Control Number

CCC000527274

DOE/accreditation approval date

MM/DD/YYYY