

ADS R113B: CO-OCCURRING DISORDERS II

Originator

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College

Oxnard College

Discipline (CB01A)

ADS - Addictive Disorders Studies

Course Number (CB01B)

R113B

Course Title (CB02)

Co-Occurring Disorders II

Banner/Short Title

Co-Occurring Disorders II

Credit Type

Credit

Start Term

Fall 2021

Formerly

R198A

Catalog Course Description

This course in co-occurring disorders is designed to give students advanced knowledge and skills in managing and treating clients with both substance use disorders and mental illness. It focuses on current treatment approaches, understanding medications, and how addiction counselors may interface with the professional mental health community to manage cases. This course fulfills one 3-unit skills elective of the California Association for Alcohol/Drug Educators (CAADE) and is required for the CAADE Co-Occurring Disorders Certificate.

Taxonomy of Programs (TOP) Code (CB03)

2104.40 - *Alcohol and Controlled Substances

Course Credit Status (CB04)

D (Credit - Degree Applicable)

Course Transfer Status (CB05) (select one only)

B (Transferable to CSU only)

Course Basic Skills Status (CB08)

N - The Course is Not a Basic Skills Course

SAM Priority Code (CB09)

B - Advanced Occupational

Course Cooperative Work Experience Education Status (CB10)

N - Is Not Part of a Cooperative Work Experience Education Program

Course Classification Status (CB11)

Y - Credit Course

Educational Assistance Class Instruction (Approved Special Class) (CB13)

N - The Course is Not an Approved Special Class

Course Prior to Transfer Level (CB21)

Y - Not Applicable

Course Noncredit Category (CB22)

Y - Credit Course

Funding Agency Category (CB23)

Y - Not Applicable (Funding Not Used)

Course Program Status (CB24)

1 - Program Applicable

General Education Status (CB25)

Y - Not Applicable

Support Course Status (CB26)

N - Course is not a support course

Field trips

May be required

Grading method

Letter Graded

Does this course require an instructional materials fee?

No

Repeatable for Credit

No

Is this course part of a family?

No

Units and Hours

Carnegie Unit Override

No

In-Class

Lecture

Minimum Contact/In-Class Lecture Hours

52.5

Maximum Contact/In-Class Lecture Hours

52.5

Activity

Laboratory

Total in-Class

Total in-Class

Total Minimum Contact/In-Class Hours

52.5

Total Maximum Contact/In-Class Hours

52.5

Outside-of-Class**Internship/Cooperative Work Experience**

Paid

Unpaid

Total Outside-of-Class**Total Outside-of-Class****Minimum Outside-of-Class Hours**

105

Maximum Outside-of-Class Hours

105

Total Student Learning**Total Student Learning****Total Minimum Student Learning Hours**

157.5

Total Maximum Student Learning Hours

157.5

Minimum Units (CB07)

3

Maximum Units (CB06)

3

Prerequisites

ADS R113A

Entrance Skills**Entrance Skills**

Understand co-occurring mental disorders

Prerequisite Course Objectives

ADS R113A-Demonstrate skills at interfacing with mental health professionals through the use of role plays and behavioral rehearsals.

ADS R113A-Describe mental disorders requiring psychiatric referral or backup and professional consultation;

ADS R113A-Identify dual diagnosis which can be adequately managed in social model alcohol and drug treatment programs;

ADS R113A-Demonstrate skills at assessing an individual who has co-occurring disorders through the use of role plays and behavioral rehearsals.

ADS R113A-Recommend how to integrate treatment approaches for clients with co-occurring disorders.

ADS R113A-Analyze common evidence-based treatments for mental health and substance use disorders.

Requisite Justification**Requisite Type**

Prerequisite

Requisite

ADS R113A

Requisite Description

Course in a sequence

Level of Scrutiny/Justification

Content review

Student Learning Outcomes (CSLOs)

Upon satisfactory completion of the course, students will be able to:

- | | |
|---|---|
| 1 | Describe mental disorders requiring psychiatric referral and professional consultation. |
| 2 | Debate evidence based best practices for treating common co-occurring mental disorders. |

Course Objectives

Upon satisfactory completion of the course, students will be able to:

- | | |
|---|---|
| 1 | Describe mental disorders requiring psychiatric referral and professional consultation. |
| 2 | Compare evidence based best practices for treating clients with co-occurring disorders. |
| 3 | Demonstrate skills in working with clients with co-occurring disorders through the use of role plays and behavioral rehearsals. |
| 4 | Recognize the appropriate use of psychotropic medications in substance use disorders. |

Course Content**Lecture/Course Content**

1. Review of The Co-Occurring Basics: Overview, Terms, and Key Concepts
2. Mental Disorders, Treatment Approaches with Co-Occurring Substance Use Disorders
 - a. Co-Occurring Attention Deficit Hyperactivity Disorder and Related Disorders
 - i. Treatment of Co-Occurring Substance Use Disorders and ADHD
 - ii. Psychosocial Treatments for ADHD
 - iii. Medications for ADHD
 - iv. Abuse, Misuse, and Diversion of Stimulant Medications
 - v. Case Study
 - b. Depressive Disorders and Co-Occurring Substance Use Disorders
 - i. Psychosocial Treatment
 - ii. Pharmacology: Antidepressants
 - iii. Electroconvulsive Therapy, Transcranial Magnetic Stimulation, and Vagus Nerve Stimulation
 - iv. Case Study
 - c. Bipolar Disorder and Co-Occurring Substance Use Disorders
 - i. Psychosocial Treatment of Co-Occurring bipolar and Substance Use Disorders
 - ii. Pharmacotherapy
 - iii. Case Study
 - d. Anxiety Disorders and Co-Occurring Substance Use Disorders
 - i. Psychotherapies
 - ii. Wellness
 - iii. Pharmacology
 - iv. Case Study
 - e. Posttraumatic Stress Disorder and Co-Occurring Substance Use Disorders
 - i. Psychotherapies
 - ii. Enhancing Resiliency, Safety, and Wellness
 - iii. Pharmacological Treatments
 - iv. Case Study
 - f. Schizophrenia, Other Psychotic Disorders, and Co-Occurring Substance Use Disorders
 - i. Psychotherapies
 - ii. Peer and Natural Supports
 - iii. Pharmacology
 - iv. Monitoring for Tardive Dyskinesia
 - v. Abnormal Involuntary Movement Scale (AIMS) Examination
 - vi. Monitoring for Metabolic Syndrome
 - vii. Case Study
 - g. Personality Disorders and Co-Occurring Substance Use Disorders

- i. Treatment
 - 1. Dialectic Behavior Therapy
 - 2. Pharmacotherapy
 - ii. Case Study
- 3. Substance Specific Topics and Treatments
 - a. Alcohol
 - i. Treatment
 - ii. Pharmacotherapy
 - b. Tobacco
 - i. Treatment
 - 1. Psychosocial Treatments
 - 2. Pharmacological Treatments
 - c. Opioids
 - i. Treatment
 - 1. Opioid Replacement Therapy
 - 2. Other Medication-Assisted Treatment
 - ii. Overdose Rescue Kits
 - iii. Pregnancy and Breast Feeding
 - d. Selected Topics for Other Substances
 - i. Cocaine
 - ii. Stimulants, Including "Bath Salts"
 - iii. Cannabis
 - iv. Hallucinogens
 - v. Over-the-Counter Medications
 - vi. Internet Issues

Laboratory or Activity Content

None

Methods of Evaluation

Which of these methods will students use to demonstrate proficiency in the subject matter of this course? (Check all that apply):

Written expression

Methods of Evaluation may include, but are not limited to, the following typical classroom assessment techniques/required assignments (check as many as are deemed appropriate):

Essay exams
 Essays
 Group projects
 Individual projects
 Objective exams
 Oral presentations
 Quizzes
 Role playing
 Reports/papers
 Research papers
 Treatment plans

Instructional Methodology

Specify the methods of instruction that may be employed in this course

Audio-visual presentations
 Computer-aided presentations
 Class activities
 Class discussions
 Distance Education
 Field trips
 Group discussions
 Guest speakers
 Internet research
 Lecture
 Role-playing
 Small group activities

Describe specific examples of the methods the instructor will use:

Instructor will discuss specific counseling skills utilized with Co-Occurring Disorder Patients.

Instructor will present case studies with different counseling approaches

Instructor will model those skills for the class.

Students will break into pairs/small groups to practice skills while instructor observes and gives feedback.

Representative Course Assignments

Writing Assignments

1. Writing up a case study on one specific co-occurring disorder.
2. Developing a treatment plan with specific goals and interventions.

Critical Thinking Assignments

1. Participate in class and small group discussions debating the strengths and weaknesses of evidence based counseling practices
2. Compare and contrast the evidence based counseling approaches

Reading Assignments

1. Reading in the class textbook and other reliable sources of information.
2. Reading articles about co-occurring disorders.

Other assignments (if applicable)

1. Researching evidence based best practices for their case study.

Outside Assignments

Representative Outside Assignments

1. Library inquiry activities and assignments
2. Research for their case study

District General Education

- A. Natural Sciences**
- B. Social and Behavioral Sciences**
- C. Humanities**
- D. Language and Rationality**
- E. Health and Physical Education/Kinesiology**
- F. Ethnic Studies/Gender Studies**

CSU GE-Breadth

- Area A: English Language Communication and Critical Thinking**
- Area B: Scientific Inquiry and Quantitative Reasoning**
- Area C: Arts and Humanities**
- Area D: Social Sciences**
- Area E: Lifelong Learning and Self-Development**

CSU Graduation Requirement in U.S. History, Constitution and American Ideals:

IGETC

- Area 1: English Communication**
- Area 2A: Mathematical Concepts & Quantitative Reasoning**
- Area 3: Arts and Humanities**
- Area 4: Social and Behavioral Sciences**
- Area 5: Physical and Biological Sciences**
- Area 6: Languages Other than English (LOTE)**

Textbooks and Lab Manuals

Resource Type

Textbook

Description

Atkins, Charles. *Co-Occurring Disorders: Integrated Assessment & Treatment of Substance Use and Mental Disorders*. (2014 or latest edition) Pesi Publishing.

Resource Type

Textbook

Description

American Psychiatric Association. *Desk Reference to Diagnostic Criteria from DSM-5*. (2013 or latest edition). American Psychiatric Publishing.

Resource Type

Manual

Description

Substance Abuse and Mental Health Services Administration. *Substance Abuse Treatment for Persons With Co-Occurring Disorders, TIP42*. (2014 or latest edition). HHS Publications.

Resource Type

Other Instructional Materials

Description

Power Point presentations and videos.

Resource Type

Textbook

Description

VanWormer, Katherine & Davis, Diane Rae. *Addiction Treatment, A Strengths Perspective, 4th edition* (or latest edition). (2017). Cengage Learning

Distance Education Addendum**Definitions****Distance Education Modalities**

Hybrid (51%–99% online)
Hybrid (1%–50% online)
100% online

Faculty Certifications

Faculty assigned to teach Hybrid or Fully Online sections of this course will receive training in how to satisfy the Federal and state regulations governing regular effective/substantive contact for distance education. The training will include common elements in the district-supported learning management system (LMS), online teaching methods, regular effective/substantive contact, and best practices.

Yes

Faculty assigned to teach Hybrid or Fully Online sections of this course will meet with the EAC Alternate Media Specialist to ensure that the course content meets the required Federal and state accessibility standards for access by students with disabilities. Common areas for discussion include accessibility of PDF files, images, captioning of videos, Power Point presentations, math and scientific notation, and ensuring the use of style mark-up in Word documents.

Yes

Regular Effective/Substantive Contact**Hybrid (1%–50% online) Modality:**

| Method of Instruction | Document typical activities or assignments for each method of instruction |
|--|---|
| Synchronous Dialog (e.g., online chat) | Instructor will have live on-line chat with students |
| Asynchronous Dialog (e.g., discussion board) | Students will respond to prompts about the skills covered in the chapter then respond to other students' postings as well |
| Other DE (e.g., recorded lectures) | Instructor will use recorded lectures and videos demonstrating counseling skills |

Hybrid (51%–99% online) Modality:

| Method of Instruction | Document typical activities or assignments for each method of instruction |
|--|---|
| Synchronous Dialog (e.g., online chat) | Instructor will have live on-line chat with students |
| Asynchronous Dialog (e.g., discussion board) | Students will respond to prompts about the skills covered in the chapter then respond to other students' postings as well |

| | |
|--|---|
| Other DE (e.g., recorded lectures) | Instructor will use recorded lectures and videos demonstrating counseling skills |
| Video Conferencing | Instructor will have live video lectures/presentations of the material with role modeling skills and having students practice the skills. |
| 100% online Modality: | |
| Method of Instruction | Document typical activities or assignments for each method of instruction |
| Synchronous Dialog (e.g., online chat) | Instructor will have live on-line chat with students |
| Asynchronous Dialog (e.g., discussion board) | Students will respond to prompts about the skills covered in the chapter then respond to other students' postings as well |
| Other DE (e.g., recorded lectures) | Instructor will use recorded lectures and videos demonstrating counseling skills |
| Video Conferencing | Instructor will have live video lectures/presentations of the material with role modeling skills and having students practice the skills. |

Examinations

Hybrid (1%–50% online) Modality

- Online
- On campus

Hybrid (51%–99% online) Modality

- Online
- On campus

Primary Minimum Qualification

ADDICTION PARAPROFESSIONAL TRG

Additional Minimum Qualifications

Minimum Qualifications

Psychology

Review and Approval Dates

Department Chair

08/26/2020

Dean

08/26/2020

Technical Review

09/09/2020

Curriculum Committee

09/09/2020

Curriculum Committee

12/09/2020

CCCCO

MM/DD/YYYY

Control Number

CCC000587859

DOE/accreditation approval date

MM/DD/YYYY

