

# ADS R113A: CO-OCCURRING DISORDERS I

**Originator**

ptrujillo

**College**

Oxnard College

**Discipline (CB01A)**

ADS - Addictive Disorders Studies

**Course Number (CB01B)**

R113A

**Course Title (CB02)**

Co-Occurring Disorders I

**Banner/Short Title**

Co-Occurring Disorders I

**Credit Type**

Credit

**Start Term**

Fall 2021

**Formerly**

ADS R113

**Catalog Course Description**

This course addresses the coexistence of substance use disorders and other mental health disorders. It will focus on identification and assessment of common co-occurring disorders such as mood, anxiety, adjustment disorders, and post-traumatic stress disorder. It will also explore appropriate treatment and management approaches as well as making appropriate referrals. This course fulfills one 3-unit skills requirement for the California Association for Alcohol/Drug Educators (CAADE).

**Taxonomy of Programs (TOP) Code (CB03)**

2104.40 - \*Alcohol and Controlled Substances

**Course Credit Status (CB04)**

D (Credit - Degree Applicable)

**Course Transfer Status (CB05) (select one only)**

B (Transferable to CSU only)

**Course Basic Skills Status (CB08)**

N - The Course is Not a Basic Skills Course

**SAM Priority Code (CB09)**

C - Clearly Occupational

**Course Cooperative Work Experience Education Status (CB10)**

N - Is Not Part of a Cooperative Work Experience Education Program

**Course Classification Status (CB11)**

Y - Credit Course

**Educational Assistance Class Instruction (Approved Special Class) (CB13)**

N - The Course is Not an Approved Special Class

**Course Prior to Transfer Level (CB21)**

Y - Not Applicable

**Course Noncredit Category (CB22)**

Y - Credit Course

**Funding Agency Category (CB23)**

Y - Not Applicable (Funding Not Used)

**Course Program Status (CB24)**

1 - Program Applicable

**General Education Status (CB25)**

Y - Not Applicable

**Support Course Status (CB26)**

N - Course is not a support course

**Field trips**

May be required

**Grading method**

Letter Graded

**Does this course require an instructional materials fee?**

No

**Repeatable for Credit**

No

**Is this course part of a family?**

No

**Units and Hours**

**Carnegie Unit Override**

No

**In-Class**

**Lecture**

**Minimum Contact/In-Class Lecture Hours**

52.5

**Maximum Contact/In-Class Lecture Hours**

52.5

**Activity**

**Laboratory**

**Total in-Class**

**Total in-Class**

**Total Minimum Contact/In-Class Hours**

52.5

**Total Maximum Contact/In-Class Hours**

52.5

**Outside-of-Class**

**Internship/Cooperative Work Experience**

**Paid****Unpaid****Total Outside-of-Class****Total Outside-of-Class****Minimum Outside-of-Class Hours**

105

**Maximum Outside-of-Class Hours**

105

**Total Student Learning****Total Student Learning****Total Minimum Student Learning Hours**

157.5

**Total Maximum Student Learning Hours**

157.5

**Minimum Units (CB07)**

3

**Maximum Units (CB06)**

3

**Student Learning Outcomes (CSLOs)****Upon satisfactory completion of the course, students will be able to:**

- |   |   |
|---|---|
| 1 | Identify indicators of possible co-occurring disorders.                               |
| 2 | Describe mental illness requiring psychiatric referral and professional consultation. |

**Course Objectives****Upon satisfactory completion of the course, students will be able to:**

- |   |   |
|---|---|
| 1 | Describe the relationships among trauma, health disorders, substance use disorder and mental illness.                                 |
| 2 | Report the interactions between cultural, social, and familial roles and stigmas.   |
| 3 | Demonstrate skills at assessing an individual who has co-occurring disorders through the use of role plays and behavioral rehearsals. |
| 4 | Recommend how to integrate treatment approaches for clients with co-occurring disorders.  |
| 5 | Analyze common evidence-based treatments for mental health and substance use disorders.   |

**Course Content****Lecture/Course Content**

1. Review of substance use disorders
2. Co-Occurring Basics
  - a. Overview
  - b. Terms
  - c. Key Concepts and Definitions
  - d. Understanding Behavioral Health Diagnoses and the DSM-5
3. Psychological Disorders
  - a. Personality disorders including antisocial, borderline and paranoid
  - b. Affective disorders including depression, bipolar and mania
  - c. Anxiety disorders including post-traumatic stress, panic, and obsessive compulsive disorder
  - d. Eating disorders
  - e. Schizophrenia and its subtypes
  - f. Organic brain disorders

4. Comprehensive Assessment Part One
  - a. Personal/Identifying Information
  - b. Chief Complaint/Presenting Problem
  - c. History of Presenting Problem
  - d. Psychiatric History
  - e. Family Psychiatric History
  - f. Social History
  - g. Trauma History
  - h. Legal History
  - i. Mental Status Examination
  - j. Assessment of Dangerousness (Suicidality and Homicidality)
  - k. Assessment of Strengths
5. Comprehensive Assessment Part Two
  - a. Substance Use History
  - b. Assessment Tools and Questionnaires for Substance Use
  - c. Family Substance Use History
  - d. Medical History
  - e. Pain Assessment
  - f. Physical Examination, Review of Systems, and Laboratory Studies
  - g. Collateral Sources of Information
6. Comprehensive Assessment Part Three
  - a. Stage of Change
  - b. Level of Motivation for Change
7. Creating a Problem/Need List
8. Setting Goals and Objectives
9. Treatment and Recovery Plans
10. Relapse Prevention
11. Levels of Care
  - a. Inpatient Options
  - b. Residential Treatment
  - c. Partial Hospital Programs
  - d. Intensive Outpatient Programs
  - e. Assertive community Treatment Teams (ACTT)
  - f. Case Management (CM) and Targeted Case Management
  - g. Outpatient Therapy Delivered by Professionals
  - h. Matching Treatment and Setting to the Person and Diagnoses
  - i. Resource Issues and Barriers to Treatment
  - j. American Society of Addiction Medicine (ASAM) Patient Placement Criteria
12. Key Psychotherapies
13. Mutual Self-Help
14. Natural and Peer Supports
15. Identification of clients who frequently use both alcohol services and mental health services
16. Laws regarding the handling of psychiatric emergencies
17. Teaching alcohol and drug counselors to develop a referral network of physicians, psychologists, and social workers who understand addictions and social model recovery

#### Laboratory or Activity Content

None

#### Methods of Evaluation

Which of these methods will students use to demonstrate proficiency in the subject matter of this course? (Check all that apply):

Skills demonstrations  
Written expression

Methods of Evaluation may include, but are not limited to, the following typical classroom assessment techniques/required assignments (check as many as are deemed appropriate):

Essay exams  
Essays

Group projects  
 Individual projects  
 Objective exams  
 Oral presentations  
 Role playing  
 Reports/papers  
 Research papers  
 Skills demonstrations  
 Treatment plans

## Instructional Methodology

### Specify the methods of instruction that may be employed in this course

Audio-visual presentations  
 Class activities  
 Class discussions  
 Case studies  
 Distance Education  
 Field trips  
 Group discussions  
 Guest speakers  
 Lecture  
 Role-playing  
 Small group activities

### Describe specific examples of the methods the instructor will use:

1. Instructor will discuss specific co-occurring disorders
2. Instructor will give examples of patient presentations with a co-occurring disorder
3. Instructor will role-play a client with a co-occurring disorder for students to practice skills
4. Students will break into pairs/small groups to practice those skills while instructor observes and gives feedback.

## Representative Course Assignments

### Writing Assignments

1. Term Paper: Using three resources other than the class text, consisting of books on the chosen disorder and/or journal articles (from e.g. The Journal of Psychiatric Medicine, The Journal of the American Medical Association, The New England Journal of Medicine, available on-line and in the college library) students will compose a research paper of five to ten pages describing the chosen Mental Disorder, covering its prevalence, its impact on the patient's life, an overview of symptomatology/presentation and potential referrals in the community to support them in recovery.

### Critical Thinking Assignments

1. Participate in class and small group discussions debating the relationship between a substance use disorder and the co-occurring mental illness.

### Reading Assignments

1. Reading the textbook, a chapter each week, on Co-Occurring Disorders with an integrated comprehensive and ongoing assessment approach.

## Outside Assignments

### Representative Outside Assignments

1. Library inquiry activities and assignments
2. Research for term paper

## Articulation

### C-ID Descriptor Number

ADS 190X

### Status

Aligned

**Additional C-ID Descriptor(s)**

C-ID Descriptor(s)	Status
Co-Occurring Disorders	Aligned

**District General Education****A. Natural Sciences****B. Social and Behavioral Sciences****C. Humanities****D. Language and Rationality****E. Health and Physical Education/Kinesiology****F. Ethnic Studies/Gender Studies****CSU GE-Breadth****Area A: English Language Communication and Critical Thinking****Area B: Scientific Inquiry and Quantitative Reasoning****Area C: Arts and Humanities****Area D: Social Sciences****Area E: Lifelong Learning and Self-Development****Area F: Ethnic Studies****CSU Graduation Requirement in U.S. History, Constitution and American Ideals:****IGETC****Area 1: English Communication****Area 2A: Mathematical Concepts & Quantitative Reasoning****Area 3: Arts and Humanities****Area 4: Social and Behavioral Sciences****Area 5: Physical and Biological Sciences****Area 6: Languages Other than English (LOTE)****Textbooks and Lab Manuals****Resource Type**

Textbook

**Description**

American Psychiatric Association, *Desk Reference to the Diagnostic Criteria from DSM-5*. (2013 or latest edition). American Psychiatric Publishing, Inc..

**Resource Type**

Textbook

**Description**

Atkins, Charles, *Co-Occurring Disorders: Integrated Assessment & Treatment of Substance Use and Mental Disorders*. (2014 or latest edition).Pesi Publishing.

**Resource Type**

Textbook

**Description**

Substance Abuse Treatment for Persons with Co-Occurring Disorders, SAMHSA TIP 42, (latest ed. 03/2020), downloadable free pdf (<https://store.samhsa.gov/product/tip-42-substance-use-treatment-persons-co-occurring-disorders/PEP20-02-01-004>)

**Resource Type**

Textbook

**Description**

VanWormer, Katherine & Davis, Diane, *Addiction Treatment, A Strengths Perspective*, 4th edition (or latest edition), (2017), Cengage Learning

**Distance Education Addendum**

**Definitions**

**Distance Education Modalities**

- Hybrid (51%–99% online)
- Hybrid (1%–50% online)
- 100% online

**Faculty Certifications**

**Faculty assigned to teach Hybrid or Fully Online sections of this course will receive training in how to satisfy the Federal and state regulations governing regular effective/substantive contact for distance education. The training will include common elements in the district-supported learning management system (LMS), online teaching methods, regular effective/substantive contact, and best practices.**

Yes

**Faculty assigned to teach Hybrid or Fully Online sections of this course will meet with the EAC Alternate Media Specialist to ensure that the course content meets the required Federal and state accessibility standards for access by students with disabilities. Common areas for discussion include accessibility of PDF files, images, captioning of videos, Power Point presentations, math and scientific notation, and ensuring the use of style mark-up in Word documents.**

Yes

**Regular Effective/Substantive Contact**

**Hybrid (1%–50% online) Modality:**

Method of Instruction	Document typical activities or assignments for each method of instruction
Synchronous Dialog (e.g., online chat)	Instructor will have live on-line chat with students
Asynchronous Dialog (e.g., discussion board)	Students will respond to prompts about the skills covered in the chapter then respond to other students' postings as well
Other DE (e.g., recorded lectures)	Instructor will use recorded lectures and videos demonstrating counseling skills

**Hybrid (51%–99% online) Modality:**

<b>Method of Instruction</b>	<b>Document typical activities or assignments for each method of instruction</b>
Synchronous Dialog (e.g., online chat)	Instructor will have live on-line chat with students
Asynchronous Dialog (e.g., discussion board)	Students will respond to prompts about the skills covered in the chapter then respond to other students' postings as well
Other DE (e.g., recorded lectures)	Instructor will use recorded lectures and videos demonstrating counseling skills
Video Conferencing	Instructor will have live video lectures/presentations of the material with role modeling skills and having students practice the skills.

**100% online Modality:**

<b>Method of Instruction</b>	<b>Document typical activities or assignments for each method of instruction</b>
Synchronous Dialog (e.g., online chat)	Instructor will have live on-line chat with students
Asynchronous Dialog (e.g., discussion board)	Students will respond to prompts about the skills covered in the chapter then respond to other students' postings as well
Other DE (e.g., recorded lectures)	Instructor will use recorded lectures and videos demonstrating counseling skills
Video Conferencing	Instructor will have live video lectures/presentations of the material with role modeling skills and having students practice the skills.

**Examinations****Hybrid (1%–50% online) Modality**

Online  
On campus

**Hybrid (51%–99% online) Modality**

Online  
On campus

**Primary Minimum Qualification**

ADDICTION PARAPROFESSIONAL TRG

**Review and Approval Dates****Department Chair**

MM/DD/YYYY

**Dean**

MM/DD/YYYY

**Technical Review**

MM/DD/YYYY

**Curriculum Committee**

MM/DD/YYYY

**DTRW-I**

MM/DD/YYYY

**Curriculum Committee**

MM/DD/YYYY

**Board**

MM/DD/YYYY



**CCCCO**

MM/DD/YYYY

**Control Number**

CCC000180531

**DOE/accreditation approval date**

MM/DD/YYYY