Spring 2021 EASEL Workshops

EXEMPT ONLY if working or attending class on Fridays,

EASELexemptions <u>MUST BE</u> determined & authorized by

CalWORKs and CARE Counselor

THIS SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTICE

02/05/2021	9:30 - 11:30 am	Starting the Semester Right! Wellness Check-In	Linda Martinez Truax, CARE Lead Counselor/ EOPs Counselor; Oxnard College	CalWORKs/ CARE Email Zoom
02/19/2021	9:30 - 11:30 am	Learning Disabilities & Your Family	Mary Martinez Truax, Manager of Special Education, Oxnard Elementary School District Leo Orange, EAC Coordinator, Oxnard College	CalWORKs/ CARE Email Zoom
03/05/2021	9:30 - 11:30 am	Leadership & Empowerment	Nikki Richardson, Development Director, TO Arts; Food and Travel Writer, The Galavanting Gastronome	CalWORKs/ CARE Email Zoom
03/19/2021	9:30 - 11:30 am	Fitness and Accountability	Graciela Casillas, Adjunct General Counselor, Oxnard College; World Champion Kick Boxing and Boxing Champion.	CalWORKs/ CARE Email Zoom
04/16/2021	9:30 - 11:30 am	Positive Parenting	United Way; Women United	CalWORKs/ CARE Email Zoom
04/30/2021	9:30 - 11:30 am	Budgeting and Saving During a Pandemic	United Way; Women United	CalWORKs/ CARE Email Zoom
P		CalWORK		