

COURSE OUTLINE

OXNARD COLLEGE

- I. Course Identification and Justification:
 - A. Proposed course id: ADS R113B
Banner title: Co-Occurring Disorders II
Full title: Co-Occurring Disorders II
 - B. Reason(s) course is offered:
Qualifies for additional Co-Occurring Disorders Certificate from CAADE.
 - C. C-ID:
 1. C-ID Descriptor:
 2. C-ID Status: Not Applicable
 - D. Co-listed as:
Current: None

- II. Catalog Information:
 - A. Units:
Current: 3.00
 - B. Course Hours:
 1. In-Class Contact Hours:
Lecture: 52.5 Activity: 0 Lab: 0
 2. Total In-Class Contact Hours: 52.5
 3. Total Outside-of-Class Hours: 105
 4. Total Student Learning Hours: 157.5
 - C. Prerequisites, Corequisites, Advisories, and Limitations on Enrollment:
 1. Prerequisites
Current:
ADS R113A: Co-Occurring Disorders I
 2. Corequisites
Current:
 3. Advisories:
Current:
 4. Limitations on Enrollment:
Current:
 - D. Catalog description:
Current:
This course in co-occurring disorders is designed to give students advanced knowledge

and skills in managing and treating clients with chemical dependency and other major psychiatric illnesses. It focuses on current treatment approaches, understanding medications, and how addiction counselors may interface with the professional mental health community to manage cases. This course fulfills one 3-unit skills elective of the California Association for Alcohol/Drug Educators (CAADE) and is required for the CAADE Co-Occurring Disorders Certificate.

- E. Fees:
Current: \$ None
- F. Field trips:
Current:
Will be required: []
May be required: [X]
Will not be required: []
- G. Repeatability:
Current:
A - Not designed as repeatable
- H. Credit basis:
Current:
Letter graded only [X]
Pass/no pass []
Student option []
- I. Credit by exam:
Current:
Petitions may be granted: []
Petitions will not be granted: [X]

III. Course Objectives:

Upon successful completion of this course, the student should be able to:

- A. Describe mental disorders requiring psychiatric referral and professional consultation.
- B. Describe evidence based best practices for treating clients with co-occurring disorders.
- C. Demonstrate skills in working with clients with co-occurring disorders through the use of role plays and behavioral rehearsals.
- D. Recognize the appropriate use of psychotropic medications in populations of recovering alcoholic and drug addicts.

IV. Student Learning Outcomes:

- A. Students will be able to describe mental disorders requiring psychiatric referral or back-up and professional consultation.
- B. Students will be able to describe evidence based best practices for treating common co-occurring mental disorders.

V. Course Content:

Topics to be covered include, but are not limited to:

- A. Review of The Co-Occurring Basics: Overview, Terms, and Key Concepts
 - Mental Disorders, Treatment Approaches with Co-Occurring Substance Use Disorders
 - 1. Co-Occurring Attention Deficit Hyperactivity Disorder and Related Disorders
 - a. Treatment of Co-Occurring Substance Use Disorders and ADHD
 - b. Psychosocial Treatments for ADHD
 - c. Medications for ADHD
 - d. Abuse, Misuse, and Diversion of Stimulant Medications
 - e. Case Study
 - 2. Depressive Disorders and Co-Occurring Substance Use Disorders
 - a. Psychosocial Treatment
 - b. Pharmacology: Antidepressants
 - c. Electroconvulsive Therapy, Transcranial Magnetic Stimulation, and Vagus Nerve Stimulation
 - d. Case Study
 - 3. Bipolar Disorder and Co-Occurring Substance Use Disorders
 - a. Psychosocial Treatment of Co-Occurring bipolar and Substance Use Disorders
 - b. Pharmacotherapy
 - c. Case Study
 - 4. Anxiety Disorders and Co-Occurring Substance Use Disorders
 - a. Psychotherapies
 - b. Wellness
 - c. Pharmacology
 - d. Case Study
 - 5. Posttraumatic Stress Disorder and Co-Occurring Substance Use Disorders
 - a. Psychotherapies
 - b. Enhancing Resiliency, Safety, and Wellness
 - c. Pharmacological Treatments
 - d. Case Study
 - 6. Schizophrenia, Other Psychotic Disorders, and Co-Occurring Substance Use Disorders
 - a. Psychotherapies
 - b. Peer and Natural Supports
 - c. Pharmacology
 - d. Monitoring for Tardive Dyskinesia
 - e. Abnormal Involuntary Movement Scale (AIMS) Examination
 - f. Monitoring for Metabolic Syndrome
 - g. Case Study
 - 7. Personality Disorders and Co-Occurring Substance Use Disorders
 - a. Treatment
 - a. Dialectic Behavior Therapy
 - b. Pharmacotherapy
 - b. Case Study
- B. Substance Specific Topics and Treatments
 - 1. Alcohol
 - a. Treatment
 - b. Pharmacotherapy
 - 2. Tobacco
 - a. Treatment
 - a. Psychosocial Treatments
 - b. Pharmacological Treatments
 - 3. Opioids
 - a. Treatment
 - a. Opioid Replacement Therapy
 - b. Other Medication-Assisted Treatment
 - b. Overdose Rescue Kits

- c. Pregnancy and Breast Feeding
- 4. Selected Topics for Other Substances
 - a. Cocaine
 - b. Stimulants, Including "Bath Salts"
 - c. Cannabis
 - d. Hallucinogens
 - e. Over-the-Counter Medications
 - f. Internet Issues

VI. Lab Content:
None

VII. Methods of Instruction:
Methods may include, but are not limited to:

- A. Guided lecture using white board and/or Power Point presentation of principles for managing and treating clients with co-occurring disorders.
- B. Instructor led class discussion of techniques for managing clients with co-occurring disorders.
- C. Instructor led class discussion of evidenced based best practices for treating clients with co-occurring disorders.
- D. Class and small group role plays to practice practical skills for managing and treating clients with co-occurring disorders.

VIII. Methods of Evaluation and Assignments:

- A. Methods of evaluation for degree-applicable courses:
Essays [X]
Problem-solving assignments (Examples: Math-like problems, diagnosis & repair) []
Physical skills demonstrations (Examples: Performing arts, equipment operation) []

For any course, if "Essays" above is not checked, explain why.
- B. Typical graded assignments (methods of evaluation):
 - 1. Mid-term and Final Exams testing the student's ability to identify evidence based best practices for managing and treating clients with co-occurring disorders.
 - 2. Case study project where students choose one co-occurring disorder that they research, write a paper on and present it to the class.
- C. Typical outside of classroom assignments:
 - 1. Reading
 - a. Reading in the class textbook and other reliable sources of information.
 - 2. Writing
 - a. Writing up a case study on one specific co-occurring disorder.
 - 3. Other
 - a. Researching evidence based best practices for their case study.

IX. Textbooks and Instructional Materials:

- A. Textbooks/Resources:
 - 1. Atkins, Charles (2014). *Co-Occurring Disorders: Integrated Assessment & Treatment of Substance Use and Mental Disorders* Pesi Publishing.
 - 2. American Psychiatric Association (2013). *Desk Reference to Diagnostic Criteria from DSM-5* American Psychiatric Publishing.
 - 3. Substance Abuse and Mental Health Services Administration. Substance Abuse Treatment for Persons with Co-Occurring Disorders, TIP42. HHS Publications, 01-01-2014.
- B. Other instructional materials:
 - 1. Power Point presentations and videos

X. Minimum Qualifications and Additional Certifications:

- A. Minimum qualifications:
 - 1. Addiction Paraprofessional Training
 - 2. Psychology (Masters Required)
- B. Additional certifications:
 - 1. Description of certification requirement:
 - 2. Name of statute, regulation, or licensing/certification organization requiring this certification:

XI. Approval Dates

Curriculum Committee Approval Date: 04/26/2017

Board of Trustees Approval Date: 05/09/2017

State Approval Date:

Catalog Start Date: Fall 2018

XII. Distance Learning Appendix

A. Methods of Instruction

Methods may include, but are not limited to:

- 1. Regular, effective contact can be achieved through use of the district provided CMS's email and messaging system, telephone contact, synchronous chats, asynchronous discussions, orientations, assignments with timely feedback, and other relevant synchronous and asynchronous technologies which encourage faculty and student interaction, Methods of instruction may include live discussions using CCC Confer or video conferencing (such as Skype), live and archived faculty presentations (e.g., PowerPoints, PDFs, lectures, and multi-media) coupled with asynchronous student questions to the instructor, social media (e.g., podcasts, wikis, blogs, and online videos), animation, virtual office hours, weekly announcements, workshops, group and individual meetings, supplemental sessions for review and study, and virtual field trips with follow up discussions, among others.

B. Information Transfer

Methods may include, but are not limited to:

- 1. Chat/IM
- 2. Collaborative projects: group blogs, wikis

3. Course announcements
4. Discussion boards
5. E-Mail
6. Instructor-provided online materials
7. Lectures (recorded/streaming)
8. Messaging via the LMS
9. Modules on the LMS
10. Personalized feedback
11. Phone/voicemail
12. Podcasts/webinars/screencasts
13. Textbooks
14. Videoconferencing/CCCConfer/Skype

Course ID: 2112