



# KINESIOLOGY

## Associate in Arts Degree for Transfer

Students who wish to earn an A.A. or A.S. degree must successfully complete a minimum of one Health Education course and one Physical Education course. The University of California (UC) has a limitation on transfer credits of Health Education (HED) and Physical Education (PE) courses. For current limitations, see the UC Transfer Course Agreement for Oxnard College on page 81 or [www.assist.org](http://www.assist.org). The AA-T in Kinesiology is intended for students who plan to complete a bachelor's degree in Kinesiology, or a similar major at a CSU campus including emphases in Physical Education, Exercise Science, Human Movement, Coaching, Health and Wellness, Rehabilitation and Therapeutic Exercise, among others. **University of California Limitation on Transfer of Health Courses** The UC will only give credit for one Health course from HED R101, HED R102, HED R103, or HED R104. The UC will only give a maximum of 8 units for all of these courses combined: HED R102L, HED R105, HED R106A, HED R106B, HED R107 and HED R110. For more information, contact: Jonas Crawford (805) 678-5870 [jcrawford1@vcccd.edu](mailto:jcrawford1@vcccd.edu).

Required Core Courses		Units
HED R110	Introduction to Kinesiology	3.0
ANAT R101	General Human Anatomy <i>*Prerequisites: ENGL R097 and BIOL R101 or BIOL R101H and BIOL R101L and MATH R015 or MATH R005 or MATH R014 or MATH R033</i>	4.0
PHSO R101	Human Physiology <i>*Prerequisites: ANAT R101 and CHEM R104 or CHEM R110 and ENGL R097 and MATH R005 or MATH R014 or MATH R015 or MATH R032 or MATH R033 or placement as determined by the college's multiple measures assessment process</i>	5.0

Movement Based Courses	
Movement based courses: select a maximum of one course from three of the following areas for a minimum of three units:	
Combative:	PE R130, PE R131A, PE R131B, PE R133A, PE R133B, PE R134A
Team Sports:	PE R155A, PE R155B, PE R156A, PE R156B, PE R159A, PE R159B, PE R160, PE R161
Individual Sports:	PE R130, PE R134A
Fitness:	PE R103A, PE R104A, PE R106, PE R107, PE R108, PE R143, PE R146, PE R148A, PE R150A
Dance:	DANC R102A, DANC R104A, DANC R110A

LIST A:		
Select two courses (minimum <b>6 units</b> ) from the following:		
MATH R105/H	Introductory Statistics/ Honors <i>*Prerequisites: MATH R005 or MATH R014 or MATH R014B or MATH R015 or MATH R032 or MATH R033 or placement as determined by the college's multiple measures assessment process</i>	4.0
SOC R125	Introduction to Statistics in Sociology <i>*Prerequisites: MATH R005 or MATH R014 or MATH R014B or MATH R015 or MATH R032 or placement as determined by the college's multiple measures assessment process</i>	3.0
PSY R103	Beginning Statistics for the Behavioral and Social Sciences <i>*Prerequisites: PSY R101 or PSY R101H and MATH R005 or MATH R014 or MATH R014B or MATH R015 or MATH R032 or placement as determined by the college's multiple measures assessment process</i>	3.0
CHEM R120	General Chemistry I <i>*Prerequisites: CHEM R110 and MATH R015 or MATH R005 or MATH R014 or MATH R033 or placement as determined by the college's multiple measures assessment process</i>	5.0



	PHYS R101	College Physics I <i>*Prerequisites: MATH R116</i>	4.0
	-and- PHYS R101L	College Physics 1 Laboratory <i>*Prerequisites: PHYS R101 or concurrent enrollment</i>	1.0
	-or- PHYS R131	Physics for Scientists and Engineers 1 <i>*Prerequisites: MATH R120</i>	5.0
	HED R105	First Aid/Personal Safety	3.0
		<b>Total Required Major Units</b>	<b>21-28</b>
		CSU General Education <i>or</i> IGETC Pattern	38-41
		Double-Counted Units	-(4-13)
		Electives (CSU Transferable units needed to reach 60)	<b>+</b> 1-8
		<b>Total units required for the AAT Degree</b>	<b>60.0</b>