## **COURSE OUTLINE**

## **OXNARD COLLEGE**

- I. Course Identification and Justification:
  - A. Proposed Course Id: <u>SOC R118</u> Banner Title: <u>Introduction to Human Services</u> Full Title: <u>Introduction to Human Services and Social Welfare</u>

Previous Course Id: <u>SOC R118</u> Banner Title: <u>Introduction to Human Services</u> Full Title: <u>Introduction to Human Services</u>

- B. Reason(s) course is offered: This course fulfills AA/AS degree requirements, transfers to CSU and is important for the training of family workers, child development and human services and social welfare services professionals. The class fulfills a major course as part of the Human Services Option within the Sociology major.
- C. Reason(s) for current outline revision: Update as part of the 5 year review. Aligned with draft C-ID Descriptor SWHS 110.
- D. C-ID:
  - 1. C-ID Descriptor:
  - 2. C-ID Status:
- E. Co-Listed As: Current: None Previous:
- II. Catalog Information:
  - A. Units: Current: 3.00 Previous: 3.00
  - B. Course Hours:
    - 1. Weekly Meeting Hours: *Current:* Lecture: 3.00 Lab: Other: *Previous:* Lecture: 3.00 Lab: Other:
    - 2. Total Contact Hours: *Current:* 48.00 to 54.00 *Previous:*
  - C. Prerequisites, Corequisites, Advisories, and Limitations On Enrollment:
    - 1. Prerequisites Current: Previous:
    - 2. Corequisites Current: Previous:

- 3. Advisories: *Current: Previous:*
- 4. Limitations On Enrollment: Current: Previous:
- D. Catalog Description:

Current:

This course includes a survey of helping institutions and social issues concerning human services and social welfare; identifying target populations, the historical perspective of human services and social welfare in the U.S., theoretical perspectives of human services and social welfare, survey of social service occupations and careers, and economics of the helping professions. Other topics include the development of social policy and current controversies concerning field of social welfare and human services, and a brief overview of intervention strategies in social work and social welfare services.

## Previous, if different:

This course includes a survey of helping institutions and social issues concerning human services; identifying target populations, the historical perspective of human services in the U.S., theoretical perspectives of human services, survey of human services occupations and careers, and economics of helping professions. Other topics include the development of social policy and current controversies concerning field of human services, and a brief overview of intervention strategies in social service work.

- E. Fees: Current: \$ None Previous, if different: \$
- F. Field Trips: *Current:* Will Be Required: [] May Be Required: [X] Will Not Be Required: []

Previous, if different: Will Be Required: [] May Be Required: [] Will Not Be Required: [X]

- G. Repeatability: *Current:*  A - Not designed as repeatable *Previous:*
- H. Credit Basis: *Current:* Letter Graded Only [X] Pass/No Pass [ ] Student Option [ ]

Previous, if different: Letter Graded Only [] Pass/No Pass [ ] Student Option [ ]

I. Credit By Exam: *Current:* Petitions May Be Granted: [] Petitions Will Not Be Granted: [X]

> Previous, if different: Petitions May Be Granted: [] Petitions Will Not Be Granted: []

## III. Course Objectives:

Upon successful completion of this course, the student should be able to:

- A. Identify the historical trends in human services and social welfare in the U.S.
- B. Describe the special needs of the poor and the vulnerable
- C. Analyze situations of service delivery and intervention for at-risk population
- D. Evaluate the role of human services and social welfare professionals
- E. Compare and contrast specific human services and social welfare programs
- F. Describe and identify elementary knowledge of intervention techniques and case management for client service
- G. Become familiar with social welfare and human services' occupations and careers
- H. Identify the theoretical perspectives of human disorders and therapeutic techniques common to social welfare practices
- I. Review ethical standards of the social welfare and human services professional
- IV. Course Content:

Topics to be covered include, but are not limited to:

- A. The Nature of Human Needs
  - 1. Maslow's Hierarchy
    - 2. Primary Support Systems
  - 3. Categories of Human Services and Social Welfare Personnel
- B. The Relationship Between Client and Helper
  - 1. Define Poverty in a social welfare context
  - 2. Know Benefits Available and Problems of Children in Poverty
- C. History of Human Services and Social Welfare
  - 1. Historical Background and Effects on Helping Strategies
    - 2. Policies and Movements for Reform
  - 3. Knowledge of the Importance of Paraprofessionals
- D. Theories of Human Behavior and Models of Service Delivery
  - 1. The Medical Model
  - 2. The Human Services/Social Welfare Model
  - 3. Techniques of Behavioral Assessment
- E. Basic Characteristics of Effective Helpers
  - 1. Basic Helping Strategies
  - 2. Role of Service Workers in the Community
  - 3. Listening and Counseling Skills
  - 4. Ethics
  - 5. Intervention Strategies
- F. Basic Characteristics of Effective Helpers
  - 1. Knowledge of Public Policy
  - 2. Identify sources of Prevention and Community Change
  - 3. Trends in Funding and Effects on Service Workers

V. Lab Content: None

Α.

VI. Methods of Instruction:

Methods may include, but are not limited to:

- A. Lecture and use of video as illustration of key concepts
- B. Discussion groups based on student readings from the text
- C. Both in-class and out-of-class exercises examining values and attitudes
- D. Reading, writing, and summarizing of textbook topics related to human services and social welfare
- E. Field observations of a social service agency using reflective log/journal and field notes
- F. Guest speakers to provide students with information on community social welfare operations
- G. Project paper on topic related to Social Welfare delivery system
- VII. Methods of Evaluation and Assignments:

Methods Of Evaluation For Degree-Applicable Courses: Essays [X] Problem-Solving Assignments (Examples: Math-like problems, diagnosis & repair) [] Physical Skills Demonstrations (Examples: Performing arts, equipment operation) []

for any course, if "written assignments" above is not checked, explain why.

- B. Typical graded assignments (methods of evaluation):
  - 1. Instructor supervised writing assignments, multiple short essays to demonstrate knowledge on a variety of topics related to textbook content
  - 2. Exercises and observations reporting students' ability to analyze and communicate in writing about an applied setting
  - 3. Testing methods utilizing both short answer and essays to reflect a student's comprehension of social welfare and human services' principles, intervention techniques, sociological theories of human welfare and a critical perspective on the role of the social welfare and human services' paraprofessional in the community
  - 4. Quizzes and exams over concepts and indication of usage within a sociological context to illustrate the understanding of social welfare and human services occupations
- C. Typical outside of classroom assignments:
  - 1. Reading
    - a. One textbook chapter per week on average, with related agency materials. For example: Compare and contrast the human services approach with the medical model.
    - b. Related research articles assigned by the instructor.
  - 2. Writing
    - a. Essays and other forms of expressive writing as assigned by instructor related to topics covered in the course, using exercises and videos/DVDs provided. For example: Define the poverty line and explain how women and children are more vulnerable to public assistance.
    - b. Research paper on related social welfare issue.
  - 3. Other

- a. Field notes describing the on-going operation of a typical human services agency. For example: Describe the services available and the staffing provided at a social service agency in your community.
- b. Summarize speaker's information on community agencies using form provided by the instructor.
- VIII. Textbooks and Instructional Materials:
  - A. Textbooks/Resources:
    - 1. Woodside, M. and McClam, T. (2015). *An Introduction to the Human Services* (8th/e). Cengage Learning.
    - 2. Agency brochures, and Community Blue Book of Human Services, Interface, Latest Edition
  - B. Other Instructional Materials:
  - IX. Minimum Qualifications and Additional Certifications:
    - A. Minimum Qualifications:
      - 1. Sociology (Masters Required)
    - B. Additional Certifications:
      - 1. Description of certification requirement:
      - 2. Name of statute, regulation, or licensing/certification organization requiring this certification:
  - X. Approval Dates CC Approval Date: Board Approval Date:

Course ID: 2070