

COURSE OUTLINE

OXNARD COLLEGE

- I. Course Identification and Justification:
- A. Proposed course id: SOC R105
Banner title: Aging in the United States
Full title: Aging in the United States

Previous course id: SOC R105
Banner title: Aging in the United States
Full title: Aging in the United States
 - B. Reason(s) course is offered:
This course is a restricted elective in the AA in Sociology and provides general education credit in area B2 Social and Behavioral Sciences in Oxnard College's general education pattern. This course is transferable to both the UC and CSU, and provides general education credit in CSU GE area D and E, and IGETC credit in area 4.
 - C. Reason(s) for current outline revision:
Update course outline for 5 year review.
 - D. C-ID:
 - 1. C-ID Descriptor:
 - 2. C-ID Status: Not Applicable
 - E. Co-listed as:
Current: None
Previous:
- II. Catalog Information:
- A. Units:
Current: 3.00
Previous: 3.00
 - B. Course Hours:
 - 1. Weekly Meeting Hours:
Current: Lecture: 3.00 Lab: Other:
Previous: Lecture: 3.00 Lab: Other:
 - 2. Total Contact Hours:
Current: 48.00 to 54.00
Previous: 48.00 to 54.00
 - C. Prerequisites, Corequisites, Advisories, and Limitations on Enrollment:
 - 1. Prerequisites
Current:
Previous:

- 2. Corequisites
Current:
Previous:
- 3. Advisories:
Current:
Previous:
- 4. Limitations on Enrollment:
Current:
Previous:

D. Catalog description:

Current:

This course is an introduction to gerontology, including a survey of cultural values and social organization that affect the status and treatment of aging people in the U.S. There is an emphasis upon interrelationships between social attitudes, economic system, and political system on lifestyle of the aged, using cross-cultural comparisons.

Previous, if different:

E. Fees:

Current: \$ None

Previous, if different: \$

F. Field trips:

Current:

Will be required: []

May be required: []

Will not be required: [X]

Previous, if different:

Will be required: []

May be required: []

Will not be required: []

G. Repeatability:

Current:

A - Not designed as repeatable

Previous:

A - Not designed as repeatable

H. Credit basis:

Current:

Letter Graded Only [X]

Pass/No Pass []

Student Option []

Previous, if different:

Letter Graded Only []

Pass/No Pass []

Student Option []

I. Credit by exam:

Current:

Petitions may be granted: []

Petitions will not be granted: [X]

Previous, if different:

Petitions may be granted: []

Petitions will not be granted: []

III. Course Objectives:

Upon successful completion of this course, the student should be able to:

- A. Identify the general process and problems of aging
- B. Discuss the experiences of the aging population with regard to their hardships, needs, and aspirations
- C. Define the transition process of becoming a senior citizen, with all the problems of health care, employment and familial change
- D. Identify the social experience of the aged within a demographic and cultural context
- E. Identify social problems common to aging such as alcoholism, drugs and abuse
- F. Compare and contrast the U.S. aging experience with those of other industrialized countries
- G. Discuss current and future lifestyle choices, needs assessment and prospects for creative aging, and appropriate community agencies providing services.

IV. Student Learning Outcomes:

- A. Demonstrate an understanding of the difference between the aging population within specific demographic and cultural contexts.

V. Course Content:

Topics to be covered include, but are not limited to:

- A. The Process of Aging
 1. Biological Change
 2. Psychological Development
 3. Aging as Growth and Transition: Demographic Analysis
- B. Aging and Culture
 1. The Role of the Aged in Various Cultures
 2. Concepts of Age and Aging
 3. Aging and Social Class
- C. Aging in America
 1. Aging and Social Stratification
 2. Youth and Age in American Popular Thought
 3. The Status of the Aged- Theoretical Perspectives
- D. Preparation for Aging
 1. The Problem of Retirement
 2. Status Change and Role Transition
 3. Financial and Living Needs
- E. Society and the Aged
 1. Social Programs for the Aged
 2. Welfare, Medical Care and Living Options
- F. Social Problems
 1. Aging Itself as Viewed by Society
 2. Alcoholism, Anomie and Drug Dependency
 3. The Convalescent Home Complex
- G. Aging and the Family
 1. The Aged in the Nuclear Family

- 2. The Family Faces Its Aged: Guilt and Responsibility
- H. Creative Approaches to Aging
 - 1. Needs Assessment
 - 2. Prospects and Possibilities for Enrichment

VI. Lab Content:
None

VII. Methods of Instruction:

Methods may include, but are not limited to:

- A. Lecture and the use of video as illustration of key concepts
- B. Discussion groups based on student readings from the text
- C. Both in-class and out-of-class exercises examining values and attitudes fulfilling Student Learning Objectives
- D. Reading, writing, and summarizing about textbook and videos appropriate to topics
- E. Use of a genogram to explore the idea of change with regard to the treatment of the aged within the family, and writing to produce a written document of family background

VIII. Methods of Evaluation and Assignments:

- A. Methods of evaluation for degree-applicable courses:
 - Essays
 - Problem-Solving Assignments (Examples: Math-like problems, diagnosis & repair)
 - Physical Skills Demonstrations (Examples: Performing arts, equipment operation)

For any course, if "Essays" above is not checked, explain why.

- B. Typical graded assignments (methods of evaluation):
 - 1. Multiple short essays ranging from one paragraph to two pages, to demonstrate their knowledge on a variety of topics related to textbook content
 - 2. Graded homework assignments and video DVD summaries as verification of mastery of concepts related to the study of aging and learning objectives of the course
 - 3. Genogram or family tree analysis focusing on social change within the family with regard to treatment of aged, problems and living experiences
 - 4. Exams may be some combination of short essays and identification of concepts to demonstrate the mastery of course content to support Learning Objectives
 - 5. Discussion groups related to topics covered by textbook and videos/DVD to support any and all of the Learning Objectives
- C. Typical outside of classroom assignments:
 - 1. Reading
 - a. One textbook chapter per week on average, with related readings; for example, indicate the social treatment of the aged in the U.S., within social institutions.
 - b. Outside reading on topics related to the treatment of the aged in the U.S; for example, compare and contrast the treatment and status of the aged in the U.S. with another country.
 - 2. Writing

- a. Essays and other forms of expressive writing as assigned by instructor related to topics covered in the course, using exercises or videos provided; for example, discuss the importance of the AARP in elevating the status of the aging population in the U.S.
 - b. Genogram, documentation and demographic experience of family history in explaining the importance of the aging experience; for example, use historical background, mental health experience and drug treatment as indicators of the quality of life of student's aging members.
3. Other
- a. Oral Presentation on the student's genogram; for example, indicate using a genogram of the family tree on poster board, and the demographic characteristics such as family size, aged parents in the household, life expectancy, mental health treatment of the aged.
 - b. Current new topics in publications.

IX. Textbooks and Instructional Materials:

- A. Textbooks/Resources:
 - 1. Novak, M (2012). *Issues in Aging* (3rd/e). (Latest edition) Pearson Longman.
 - 2. Newspapers or magazines related to current research on topic of aged.
 - 3. Trade publications on specific topics appropriate to particular issue.
- B. Other instructional materials:

X. Minimum Qualifications and Additional Certifications:

- A. Minimum qualifications:
 - 1. Sociology (Masters Required)
- B. Additional certifications:
 - 1. Description of certification requirement:
 - 2. Name of statute, regulation, or licensing/certification organization requiring this certification:

XI. Approval Dates

Curriculum Committee Approval Date: 11/23/2016

Board of Trustees Approval Date: 11/23/2016

State Approval Date:

Catalog Start Date: Fall 2017

XII. Distance Learning Appendix

- A. Methods of Instruction
Methods may include, but are not limited to:
- B. Information Transfer
Methods may include, but are not limited to: