

HED R110 Introduction to Kinesiology 3 Units

Hours: 3 lecture weekly
C-ID: KIN 100

This is an introductory course that surveys various disciplines related to the study of human movement. Students will examine the areas of history, sociology, biomechanics, physiology, and psychology as they relate to the sport and exercise environment. In addition, students will explore career pathways involving the study of human movement, teaching, research, and professional practice. *Field trips may be required.*

Transfer credit: CSU

HED R113 Introduction to Public Health 3 Units

Hours: 3 lecture weekly
C-ID: PHS 101

This course provides an introduction to the discipline of Public Health. Students will gain an understanding of the basic concepts and terminologies of public health, and the history and accomplishments of public health officials and agencies. An overview of the functions of various public health professions and institutions, and an in-depth examination of the core public health disciplines is covered. Topics of the discipline include the epidemiology of infectious and chronic disease; prevention and control of diseases in the community including the analysis of the social determinants of health and strategies for eliminating disease, illness and health disparities among various populations; community organizing and health promotion programming; environmental health and safety; global health; and healthcare policy and management. *Field trips may be required.*

Transfer credit: CSU

HED R114 Introduction to Nutrition Science 3 Units

Hours: 3 lecture weekly
C-ID: NUTR 110

This course examines scientific concepts of nutrition related to the function of nutrients within the human body, nutrient requirements throughout the life cycle, and individual nutritional needs. Students will learn how to analyze and evaluate nutritional information and apply this information and dietary guidelines to their personal food choices. In addition, the course will explore current issues in nutrition including food safety, environmental contaminants, food technology, and food additives. *Field trips may be required.*

Transfer credit: CSU

HISTORY

History is one of the most popular, useful, and flexible subjects to study and major in. The popularity of History comes from the fact that human beings love stories about dynamic people and exciting events from the past. By studying the brilliance and blunders of past generations, students gain useful knowledge about how the world works and the critical thinking skills universities and employers value. History is also a very flexible major; the AA-T in History is a pathway to a state university for students interested in majoring in History and those unsure of what they want to major in (e.g. law, business, government, etc.). It is also a fun "second major" for students interested in becoming more well-rounded, knowledgeable, and wise.

For more information, contact:

Kevin Hughes (805) 678-5079 khughes@vcccd.edu
Dr. Joshua Lieser (805) 678-5078 jlieser@vcccd.edu
Jennifer Wilson-González (805) 678-5269 jwilsongonzalez@vcccd.edu

Career Opportunities

- | | |
|--|---------------------------------|
| Academic Counselor | Archivist/Curator |
| Park Ranger | Travel Consultant or Tour Guide |
| Consultant/Analyst | Genealogist |
| Urban or Regional Planner | Diplomat/State Dept. Official |
| Social Worker | Book or Online Publisher/Editor |
| Researcher in many fields | Instructional Designer |
| Librarian | Lawyer/Judge |
| Journalist | Architect |
| International Business | Corporate Executive |
| Non-Profit / Coordinator | Public Administrator |
| TV/Movie Consultant and Documentarian | |
| Government Employee (local, state, federal) | |
| Gender, Ethnic, or Global Studies Specialist | |
| Junior High or High School Teacher | |
| College or University Professor | |

Full-Time Faculty

Kevin Hughes Dr. Joshua Lieser Jennifer Wilson-González

ASSOCIATE IN ARTS FOR TRANSFER HISTORY

The Associates in Arts in History for Transfer gives students the tools to connect with humanity across time and locale. The study of history is the endeavor to understand the present by becoming knowledgeable about the past. As the context of all human activity, history gives students the depth needed to understand society and their place in it. The degree is designed to give students a foundation of understanding of people from a variety of places and times, and to cultivate the critical thinking skills that are in demand across a variety of careers and disciplines. Additionally, the degree will fulfill the first two year requirements for a BA in History at most four year universities that offer the major.

History is consistent with the Oxnard College mission because knowledge and appreciation of the historical past enables us to meet the needs of our diverse and multicultural student body and to empower them towards fulfilling their personal and educational goals. The degree encourages civic and community engagement, along with emphasizing an appreciation of cultural diversity. A bachelor's degree in history can lead to a career in business administration, law, teaching, social services, journalism, finance, law enforcement, public relations, advertising, or government service.

The Associate in Arts in History for Transfer (History AA-T) is intended for students who plan to complete a bachelor's degree in a "similar" major at a CSU campus. Each CSU campus determines which the degrees it offers are "similar" and can be completed with the preparation included in the AA-T in History within 60 units once a student transfers, so which majors are "similar" varies from CSU to CSU. For a current list of what majors (and what options or areas of emphasis within that major) have been designated as "similar" to this degree at each CSU campus, please refer to adegreewithaguarantee.com and seek guidance from an Oxnard College counselor. Students completing this degree are guaranteed admission to the CSU system, but not to a particular campus or major.

To earn an AA-T in History, students must complete the following:

1. Complete a minimum of 60 CSU-transferable semester units including both of the following:
 - a. Certified completion of the Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education – Breadth (CSU GE-Breadth) requirements.
 - b. A minimum of 18 semester units in the History major as listed in the Oxnard College catalog.
2. Obtain a minimum grade point average (GPA) of 2.0 in all CSU-transferable coursework. While a minimum of 2.0 is required for admission, some majors may require a higher GPA. Please consult with a counselor for more information.
3. Obtain a grade of “C” or better or “P” in all courses required in the major. Even though a “pass-no-pass” is allowed (Title 5 § 55063), it is highly recommended that students complete their major courses with a letter grade.
4. Complete requirements in residency. For students in the Ventura County Community College District, a minimum of 12 units must be completed in residency at the college granting the degree.

Students transferring to a CSU campus that does accept the History AA-T will be required to complete no more than 60 units after transfer to earn a bachelor’s degree (unless the major is a designated “high-unit” major at a particular campus). This degree may not be the best option for students intending to transfer to a particular CSU campus or to university or college that is not part of the CSU system. Students should consult with a counselor when planning to complete the degree for more information on university admission and transfer requirements.

REQUIRED CORE COURSES (6 units):	Units
HIST R130/H History of the United States I/Honors	3
HIST R140/H History of the United States II/Honors	3
List A - Required Additional Courses (6 units):	
HIST R150/H World History I/Honors	3
HIST R160/H World History II/Honors	3
List B1 - Select one of the following courses (3 units):	
HIST R109 History of Mexico	3
HIST R110 History of the Middle East	3
HIST R117 History of American Women	3
HIST R122 History of Asia	3
HIST R126 History of Latin America	3
List B2 - Select one of the following courses (3 units):	
HIST R104 History of California	3
HIST R107 History of Mexicans in the United States	3
HIST R108 African-American History	3
HIST R117 History of American Women	3
HIST R124 Sports in American	3
HIST R125/H U.S. Foreign Policy & Covert Action/H	3
TOTAL REQUIRED MAJOR UNITS	18
CSU General Education or IGETC Pattern	37-39
Double-Counted Units	(9-15)
Electives	12-20
(CSU transferable units needed to reach 60)	
DEGREE TOTAL	60

Program Student Learning Outcomes

Upon successful completion of the History program students will be able to:

- Demonstrate knowledge of historical events, trends, and significant decision makers in a designated historical subject area.
- Demonstrate skill in historical research by locating and utilizing scholarly resources including primary source material.
- Demonstrate critical thinking in their writing of history compositions.
- Identify major theories and conceptual paradigms to explain historical events.
- Express connections between their knowledge of history and current social conditions, problems, and controversies.

COURSE DESCRIPTIONS

NOTE: Students planning to take a single course in US History or World History should seriously consider taking History of the US II (HIST R140) or World History II (HIST R160), because there is no requirement to take part I before part II and many students find the content easier to relate to. However it is also recommended that students take both parts of the History of the US and/or World History sequence to gain a fuller understanding of the nation and world in which they live.

HIST R104 History of California 3 Units

Hours: 3 lecture weekly

This course presents a survey of Native American, Spanish, Mexican, and American periods of California while considering the political, economic, social, and cultural evolution of the state. *Field trips may be required.*

Transfer credit: CSU, UC

HIST R107 History of Mexicans in the United States 3 Units

3 lecture weekly

This course is a historical survey of the Mexican/Chicano experience from the pre-Columbian period to the present. The emphasis is on Mexican settlement of Greater Mexico and the Southwest United States within the broader history of the United States. In the process, the course covers significant events in the historical development of the United States and Mexico the colonial era, the early National period, the westward (and northward) movement of people across America in the last 150 years, and U.S.-Mexico relations in the 19th and 20th centuries. The course satisfies degree requirements in American institutions. (Same as CHST R107.) *Field trips may be required. Course is offered Pass/No Pass (P/NP) at student's option.*

Transfer credit: CSU, UC

HIST R108 African-American History 3 Units

Hours: 3 lecture weekly

This course provides an analysis of the history of African Americans in the United States from their African origins to the present. The course examines how African Americans, individually and collectively, have been influenced by and contributed to the historical development of the United States. This course satisfies degree requirements in American Institutions. *Field trips may be required.*

Transfer credit: CSU, UC

HIST R109 History of Mexico 3 Units

Hours: 3 lecture weekly

This is a survey of Mexican history from the pre-Columbian era to the present. The course presents major historical developments and personalities shaping the nation of Mexico. The class focuses on Meso American culture and civilization, the Spanish colonial period from the 1500's to the 1800's, the Mexican independence years, and the problems of nationhood through the 1850's. The U.S.-Mexican War, and the relationship between Mexico and the United States in the 20th and 21st centuries are also reviewed. Mexico's role in the world community, both historical and contemporary, remains a key topic. *Field trips may be required.*

Transfer credit: CSU, UC

HIST R110 History of the Middle East 3 Units

Hours: 3 lecture weekly

If the Middle East has become synonymous with "conflict," this course will reveal that the historical developments of the region, which were always accompanied by conflict, have done much to shape the world in which we live. The Middle East gave rise to the first civilizations in Sumer and Egypt; the mighty empires of Persia and Alexander the Great; and the monotheistic traditions of Judaism, Christianity, and Islam. As a cultural crossroads and center of learning, the region facilitated the spread of knowledge throughout the medieval Old World, while inspiring would be conquerors like the Crusaders and Mongols. The rise of the Ottoman Empire led to an early modern era of stability in the region, until the Ottoman state fell into decline due to the pressures of Western imperialism and modernization. The "conflicts" of the past hundred years will also be explored in depth, including petro-politics, terrorism, Islamist movements, the struggle between Arabs and Israelis, and the repeated diplomatic and military involvement of the Americans in the region. *Field trips may be required.*

Transfer credit: CSU, UC

HIST R117 History of American Women 3 Units

Hours: 3 lecture weekly

This course offers a survey of the historical experience of women in North America including comparisons of Native-American, African-American, Latin-American, Asian-American, and European cultures. Multiple ways of studying history are used to explain the impact of religion, culture, law, social class, economic roles and politics on the history of women. The tension between expanding work opportunities and traditional social roles is examined. The contributions of women to progressive reform is reviewed.

Transfer credit: CSU, UC

HIST R122 History of Asia 3 Units

Hours: 3 lecture weekly

This course explores the rich and exciting history of Asia. Students will learn about the historical development of some of the most influential civilizations of East Asia (China, Japan and Korea), South Asia (centered on India), and Southeast Asia (which includes the Philippines and Vietnam). Ancient and modern topics will include the Confucianist traditions of China, the eastern religions arising from India (such as Buddhism), the influence of the Indian Ocean and the Silk Road on global trade, the Mongol invasions of East Asia, the impacts of industrialization and European imperialism on Asia, World War II, Communist China, national liberation movements (like the Vietnam War), and the unprecedented economic growth of Asia in recent decades that has established it as a key region in our 21st century global community. *Field trips may be required.*

Transfer credit: CSU, UC

HIST R124 Sports in American History 3 Units

Hours: 3 lecture weekly

This course is a survey of sports as a reflection of American cultural development, race and gender relations, American foreign policy, and political and social change through the 19th and 20th centuries. The course examines the development of American life through an examination of the literature, journalism, history, film, and art of sports. *Field trips may be required.*

Transfer credit: CSU

HIST R125 Honors: U.S. Foreign Policy & Covert Action 3 Units

Hours: 3 lecture weekly

This course is a survey of selected themes, problems, and personalities which have been associated with the creation of both official and covert American relationships with foreign powers. The course examines how U.S. involvements with nations in Europe, Latin America, the Middle East, Africa, and Asia have interacted with and impacted American society, economics, and democratic institutions with an emphasis on CIA actions performed by the U.S. in the latter half of the 20th Century. Credit will not be awarded for both the honors and regular versions of a course. Credit will be awarded only for the first course completed with a grade of C or better or "P." (Same as POLS R125.) *Field trips may be required. Course is offered Pass/No Pass (P/NP) at student's option.*

Transfer credit: CSU

HIST R125H Honors: U.S. Foreign Policy & Covert Action 3 Units

Hours: 3 lecture weekly

This course is a survey of selected themes, problems, and personalities which have been associated with the creation of both official and covert American relationships with foreign powers. The course examines how U.S. involvements with nations in Europe, Latin America, the Middle East, Africa, and Asia have interacted with and impacted American society, economics, and democratic institutions with an emphasis on CIA actions performed by the U.S. in the latter half of the 20th Century. Honors work challenges students to be more analytical and creative through expanded assignments, real-world applications, and enrichment opportunities. Credit will not be awarded for both the honors and regular versions of a course. Credit will be awarded only for the first course completed with a grade of C or better or "P." (Same as POLS R125H.) *Field trips may be required. Course is offered Pass/No Pass (P/NP) at student's option.*

Transfer credit: CSU

HIST R126 History of Latin America 3 Units

Hours: 3 lecture weekly

This course surveys the diverse and dynamic history of Latin America from pre-Columbian times to the present. Students will learn about: native cultures; European exploration, conquest, and colonization; independence movements; and the political, economic, and social challenges of establishing new Latin American nations. The course will also examine recent trends like globalization, immigration, the illegal drug trade, radical political movements, and U.S.-Latin American relations. *Field trips may be required.*

Transfer credit: CSU

HIST R130 History of the United States I 3 Units*Hours: 3 lecture weekly**C-ID: HIST 130*

To understand the United States, it is important to study the roots of today's conflicts and great achievements. This course will cover U.S. History from 1607 to 1877. Topics will include the contrasting worldviews of Native American, African, and European cultures as they converged in early colonial society; the road to revolution and the Revolutionary War; the drafting of the U.S. Constitution and the struggles of nation building; the contradictory rise of democracy and slavery; westward expansion and sectional tensions; industrial and technological advances; reform movements like abolitionism and women's rights; and the causes and consequences of the Civil War. Credit will not be awarded for both the honors and regular versions of a course. Credit will be awarded only for the first course completed with a grade of C or better or "P." (Formerly HIST R101A and HIST R102.) *Field trips may be required.*

Transfer credit: CSU, UC**NOTE:** HIST R130 does not have to be taken before HIST R140 and both are taught at the same skill level.**HIST R130H Honors: History of the United States I 3 Units***Hours: 3 lecture weekly**C-ID: HIST 130*

To understand the United States, it is important to study the roots of today's conflicts and great achievements. This course will cover U.S. History from 1607 to 1877. Topics will include the contrasting worldviews of Native American, African, and European cultures as they converged in early colonial society; the road to revolution and the Revolutionary War; the drafting of the U.S. Constitution and the struggles of nation building; the contradictory rise of democracy and slavery; westward expansion and sectional tensions; industrial and technological advances; reform movements like abolitionism and women's rights; and the causes and consequences of the Civil War. Honors work challenges students to be more analytical and creative through expanded assignments, real-world applications, and enrichment opportunities. Credit will not be awarded for both the honors and regular versions of a course. Credit will be awarded only for the first course completed with a grade of C or better or "P." *Field trips may be required.*

Transfer credit: CSU**HIST R140 History of the United States II 3 Units***Hours: 3 lecture weekly**C-ID: HIST 140*

If America is the land of opportunity, it is wise to study the cultural, social, economic, political, diplomatic, and military history of the United States in order to understand how this nation developed and where it might be going. This course will cover U.S. History from 1877 to the present. Students will investigate topics such as westward expansion, imperialism, the Industrial Revolution, urbanization, immigration, the Women's Rights movement, the Progressive Movement, the Great War, the "Roaring Twenties," the Great Depression, World War II, the Cold War, the African American Civil Rights Movement, "The Sixties," the conservative backlash, technological innovations, terrorism, and globalization. Credit will not be awarded for both the honors and regular versions of a course. Credit will be awarded only for the first course completed with a grade of C or better or "P." (Formerly HIST R101B and HIST R103.) *Field trips may be required.*

Transfer credit: CSU, UC**NOTE:** HIST R130 does not have to be taken before HIST R140 and both are taught at the same skill level.**HIST R140H Honors: History of the United States II 3 Units***Hours: 3 lecture weekly**C-ID: HIST 140*

If America is the land of opportunity, it is wise to study the cultural, social, economic, political, diplomatic, and military history of the United States in order to understand how this nation developed and where it might be going. This course will cover U.S. History from 1877 to the present. Students will investigate topics such as westward expansion, imperialism, the Industrial Revolution, urbanization, immigration, the Women's Rights movement, the Progressive Movement, the Great War, the "Roaring Twenties," the Great Depression, World War II, the Cold War, the African American Civil Rights Movement, "The Sixties," the conservative backlash, technological innovations, terrorism, and globalization. Honors work challenges students to be more analytical and creative through expanded assignments, real-world applications, and enrichment opportunities. Credit will not be awarded for both the honors and regular versions of a course. Credit will be awarded only for the first course completed with a grade of C or better or "P." *Field trips may be required.*

Transfer credit: CSU**HIST R150 World History I 3 Units***Hours: 3 lecture weekly**C-ID: HIST 150*

To understand where we came from, it is important to study the histories of the great civilizations of the ancient world, from prehistory to the start of globalization in 1500 C.E. Students will explore the political, military, economic, social, and cultural evolution of the early civilizations of Asia, Africa, Europe, and the Americas. Students will also investigate the impact of religion, technology, migration, trade, and war on the relationships between the major civilizations of the ancient world. Credit will not be awarded for both the honors and regular versions of a course. Credit will be awarded only for the first course completed with a grade of C or better or "P." (Formerly HIST R100A.) *Field trips may be required.*

Transfer credit: CSU, UC**NOTE:** HIST R150 does not have to be taken before HIST R160 and both are taught at the same skill level.**HIST R150H Honors: World History I 3 Units***Hours: 3 lecture weekly**C-ID: HIST 150*

To understand where we came from, it is important to study the histories of the great civilizations of the ancient world, from prehistory to the start of globalization in 1500 C.E. Students will explore the political, military, economic, social, and cultural evolution of the early civilizations of Asia, Africa, Europe, and the Americas. Students will also investigate the impact of religion, technology, migration, trade, and war on the relationships between the major civilizations of the ancient world. Honors work challenges students to be more analytical and creative through expanded assignments, real-world applications, and enrichment opportunities. Credit will not be awarded for both the honors and regular versions of a course. Credit will be awarded only for the first course completed with a grade of C or better or "P." *Field trips may be required.*

Transfer credit: CSU

HIST R160 World History II 3 Units

Hours: 3 lecture weekly

C-ID: HIST 160

To understand and navigate our global community, it is important to study the history of how our interdependent world came into being. Since 1500 C.E., the great civilizations of Asia, Africa, Europe, and the Americas have rapidly changed, influenced each other, and become more interconnected. Students will explore the political, military, economic, social, and cultural development of each regional civilization. Students will also study the modernizing and globalizing forces of trade, migration, colonization, decolonization, the nation state, the Enlightenment, industrialization, capitalism, urbanization, science, technology, and war. Credit will not be awarded for both the honors and regular versions of a course. Credit will be awarded only for the first course completed with a grade of C or better or "P." (Formerly HIST R100B.) *Field trips may be required.*

Transfer credit: CSU, UC

NOTE: HIST R150 does not have to be taken before HIST R160 and both are taught at the same skill level.

HIST R160H Honors: World History II 3 Units

Hours: 3 lecture weekly

C-ID: HIST 160

To understand and navigate our global community, it is important to study the history of how our interdependent world came into being. Since 1500 C.E., the great civilizations of Asia, Africa, Europe, and the Americas have rapidly changed, influenced each other, and become more interconnected. Students will explore the political, military, economic, social, and cultural development of each regional civilization. Students will also study the modernizing and globalizing forces of trade, migration, colonization, decolonization, the nation state, the Enlightenment, industrialization, capitalism, urbanization, science, technology, and war. Honors work challenges students to be more analytical and creative through expanded assignments, real-world applications, and enrichment opportunities. Credit will not be awarded for both the honors and regular versions of a course. Credit will be awarded only for the first course completed with a grade of C or better or "P." *Field trips may be required.*

Transfer credit: CSU

HIST R199 Directed Studies in History 1-3 Units

Hours: Lecture and/or lab hours as required by unit formula

This course is intended for students majoring in History, who are interested in furthering their knowledge through independent study. The student and instructor will work together to design course content and/or research. Meeting times and requirements will be determined by the instructor. *Field trips may be required.*

Transfer credit: CSU

HOSPITALITY MANAGEMENT

The Hospitality Management program at Oxnard College prepare students for management positions in the lodging field. The Hospitality Management program recognizes the critical importance of an interdisciplinary education with a global perspective for tomorrow's leaders and managers. The curriculum provides students a thorough understanding of management principles and the operation of various departments on the hotel property. Students completing this degree program will be prepared for Career Opportunities leading up to supervisory and middle-level management positions in hotel management, housekeeping management, human resource management, guest services, and food and beverage management.

For more information, contact:

Career & Technical Education Division Office, (805) 678-5824

Career Opportunities

- Leading to middle-level positions in:
 - Hotel Management
 - Guest Services
 - Housekeeping Management
 - Food and Beverage Management
 - Human Resource Management

ASSOCIATE IN SCIENCE DEGREE CERTIFICATE OF ACHIEVEMENT HOSPITALITY MANAGEMENT

REQUIRED COURSES	Units
HM R100 Principles of the Hospitality Industry	3
HM R112 Food and Beverage Management	3
HM R116 Accounting for the Hospitality Industry	3
HM R117 Front Office Procedures	3
HM R119 Housekeeping Management	3
HM R120 Facilities Management	3
HM R122 Hospitality Human Resources Management	3
COT R191V Occupational Cooperative Paid Work Experience	1-4
TOTAL REQUIRED MAJOR UNITS	22-25
Additional units/requirements to complete the A.S. Degree:	
Oxnard College General Education Pattern	29
Double-Counted Units	0
Degree-Applicable Electives (needed to reach the 60 units)	6-9
TOTAL UNITS REQUIRED FOR THE A.S. DEGREE	60

To complete the Certificate of Achievement, students must also meet requirements in scholarship and residency. Refer to Education Pathways - Earn a Certificate of Achievement section in this catalog for specific information.

To complete the Associate Degree, students must meet requirements in the major, general education, competency, units, scholarship, and residency. Refer to Education Pathways - Earn an Associate Degree and the A.A. or A.S. Degree in Specific Majors sections of this catalog.

Program Student Learning Outcomes

Upon successful completion of the Hospitality Management program students will be able to:

- Demonstrate knowledge of and experience in operations relative to the provision of goods and services in hospitality management.
- Examine foundations of management, leadership and human resources in hospitality management.
- Demonstrate knowledge of community involvement and social responsibility.
- Recognize legal and ethical considerations affecting lodging organizations.