COURSE OUTLINE

OXNARD COLLEGE

I. Course Identification and Justification:
   A. Proposed course id: DANC R112A
      Banner title: Introduction to Hip-Hop Dance
      Full title: Introduction to Hip-Hop Dance

   B. Reason(s) course is offered:
      Expansion of Dance curriculum. Strong student demand and community interest.

   C. C-ID:
      1. C-ID Descriptor:
      2. C-ID Status:

   D. Co-listed as:
      Current: None

II. Catalog Information:
   A. Units:
      Current: 1.00

   B. Course Hours:
      1. Weekly Meeting Hours:
         Current: Lecture: Lab: 3.00 Other:

      2. Total Contact Hours:
         Current: 48.00 to 54.00

   C. Prerequisites, Corequisites, Advisories, and Limitations on Enrollment:
      1. Prerequisites
         Current:

      2. Corequisites
         Current:

      3. Advisories
         Current:

      4. Limitations on Enrollment:
         Current:

   D. Catalog description:
      Current:
      This course is an introduction to fundamental hip-hop techniques, rhythms, and styles. Students will develop strength, flexibility, coordination, and endurance along with proper alignment and posture for hip-hop dance. Course activities will include performance of basic routines and sequences and discussion of the historical and cultural aspects of this
dance genre. This course fulfills Oxnard College’s Physical Education graduation requirement.

E. Fees:
   Current: $ None

F. Field trips:
   Current:
   Will be required: [ ]
   May be required: [X]
   Will not be required: [ ]

G. Repeatability:
   Current:
   A - Not designed as repeatable

H. Credit basis:
   Current:
   Letter graded only [ ]
   Pass/no pass [ ]
   Student option [X]

I. Credit by exam:
   Current:
   Petitions may be granted: [ ]
   Petitions will not be granted: [X]

III. Course Objectives:
Upon successful completion of this course, the student should be able to:
   A. Practice proper alignment and posture for hip-hop dance.
   B. Perform hip-hop isolations, footwork, and basic movements such as popping, locking, and waves.
   C. Retain movement patterns in across the floor and center sequences and combinations.
   D. Develop and demonstrate rhythmic interpretation of the movement to music.
   E. Differentiate between safe and unsafe execution of various hip-hop movements.
   F. Practice basic dance injury-prevention techniques.

IV. Student Learning Outcomes:
   A. Perform basic hip-hop dance sequences in an informal concert.
   B. Critically analyze the performance of hip-hop dance in an informal concert setting.
   C. Discuss the historical and cultural influences of hip-hop dance.

V. Course Content:
Topics to be covered include, but are not limited to:
   A. History
      1. "Street" Culture
      2. Urban dance styles
      3. Choreographers
      4. Social/Political influences
      5. Hip-Hop dance vocabulary
   B. Warm-up
1. Isolations and body articulations
2. Strengthening exercises
3. Stretching exercises
4. Body alignment and mechanics as related to hip-hop dance
5. Injury prevention techniques: safe vs. unsafe execution of movements

C. Hip-Hop Techniques
1. Locking
2. Jerking
3. Rocking
4. Freezing
5. Waves
6. Popping

D. Across the Floor incorporating movements listed in section III
1. Rhythmic interpretation of movements in relationship to music
2. Individual Interpretation

E. Informal Performances

VI. Lab Content:
A. History
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5. Hip-Hop dance vocabulary

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VII. Methods of Instruction:
Methods may include, but are not limited to:
A. Instructor-led discussions on historical and cultural elements of hip-hop dance.
B. Instructor-led lecture and discussion on safe and unsafe execution of movements and basic dance injury-prevention techniques.
C. Instructor demonstrations of steps and movements followed by class practice.
D. Viewing hip-hop performances on videos, You Tube, or other available media and evaluating performances as a class.
E. Collaborative groups for graded class presentations.
VIII. Methods of Evaluation and Assignments:
   A. Methods of evaluation for degree-applicable courses:
      Essays [   ]
      Problem-solving assignments (Examples: Math-like problems, diagnosis & repair) [ ]
      Physical skills demonstrations (Examples: Performing arts, equipment operation) [X]

      For any course, if "Essays" above is not checked, explain why.
      This is a 3-hour lab course. Students will complete 1-3 performance exams on movement vocabulary and/or choreography taught in class. Skills demonstrations will be the major part of assessment. A critique of a dance performance (either live or on video) may be required.

   B. Typical graded assignments (methods of evaluation):
      1. Skills demonstrations on specific steps and combinations taught in class.
      2. Performance exams
      3. Written performance critique
      4. Quizzes on hip-hop dance vocabulary

   C. Typical outside of classroom assignments:
      1. Reading
         a. Instructor-generated information sheets
      2. Writing
         a. Journal entries on video viewing
      3. Other
         a. Viewing of hip-hop dance videos

IX. Textbooks and Instructional Materials:
   A. Textbooks/Resources:
      2. Documentary - History and Concept of Hip-Hop Dance You Tube Videos
      3. You Tube videos
   B. Other instructional materials:

X. Minimum Qualifications and Additional Certifications:
   A. Minimum qualifications:
      1. Dance (Masters Required)
   B. Additional certifications:
      1. Description of certification requirement:
      2. Name of statute, regulation, or licensing/certification organization requiring this certification:
XI. Approval Dates
Curriculum Committee Approval Date: 10/24/2018
Board of Trustees Approval Date: 11/14/2018
State Approval Date:
Catalog Start Date: Fall 2019

XII. Distance Learning Appendix
A. Methods of Instruction
   Methods may include, but are not limited to:

B. Information Transfer
   Methods may include, but are not limited to:
   1. Other