

POLS R107—Politics and Administration of State and Local Government 3 units

3 hours lecture weekly

Course presents the main principles, concepts, theories, and processes of governmental institutions of the states, counties, cities, and special districts. The social, economic and political dynamics within the institutional context will be studied. Also, Federal institutions will be analyzed to understand the main characteristics, principles, structures, and processes of the American system of government and their impact on the other levels of government. The impact of federal taxation and expenditure policies on state and local government will be studied with specific examples. Fulfills state requirements in American Institutions. (2)

Transfer credit: CSU

POLS R108—Comparative Politics 3 units

3 hours lecture weekly

Course examines political life and institutions of a number of foreign countries to identify both similarities and differences in people's attempts to grapple with government problems throughout the world. (2)

Transfer credit: UC, CSU

POLS R189—Topics in Political Science ½-3 units

Lecture and/or lab hours as required by unit formula

Courses considering specific and current topics in Political Science which are not covered in the general Political Science offerings. Course may be taken four times. (2)

Transfer credit: CSU

POLS R199—Directed Studies in Political Science 1-3 units

Lecture and/or lab hours as required by unit formula

Designed for selected students interested in furthering their knowledge of political science on an independent study basis; assigned problems will involve library, lab, and field work. Course may be taken two times. (2)

Transfer credit: CSU

PSYCHOLOGY

The Department of Psychology at Oxnard College studies mental processes and human behavior. It offers courses exploring different aspects of people's behavior and thinking. Students interested in the major and general education will find several courses addressing their specific interests, as well as those with Workforce and Continuing Education needs.

The major is designed to prepare the student for higher level studies at California State University as well as The University of California. Possible jobs for which studies in Psychology prepare the student include advertising, human resources, criminal justice, vocational counseling, Social work, community organizations psychologist, public relations and others.

For more information, contact:

Linda Chaparro, Lead Faculty, lchaparro@vcccd.edu (805) 986-5800, ext. 1919

Career Opportunities

Advertising Manager	Efficiency Engineer
Job Analyst	Personnel Manager
Police Officer	Psychologist
Vocational Counselor	Public Relations
Social/Welfare Work	Statistician
Pathologist/Audiologist	Probation/Parole Officer
Community Organization Director	

Faculty

Full-Time	Part-Time
Marie Butler	Jennifer Kalfsbeek
Linda Chaparro	Karen Lehner
	George Rodriguez
	Oliver Williams

◆ Psychology

Associate in Arts in Psychology for Transfer

The Associate in Arts in Psychology for Transfer (Psychology AA-T) is intended for students who plan to complete a bachelor's degree in a similar major at a CSU campus. Students completing this degree are guaranteed admission to the CSU system, but not to a particular campus or major. See page 60 for additional information.

The following is required for all AA-T or AS-T degrees:

1. Minimum of 60 CSU-transferable semester units.
2. Minimum grade point average (GPA) of at least 2.0 in all CSU-transferable coursework. While a minimum of 2.0 is required for admission, some majors may require a higher GPA. Please consult with a counselor for more information.
3. Completion of a minimum of 18 semester units in an "AA-T" or "AS-T" major as detailed in the Course and Program Descriptions section of the catalog. All courses in the major must be completed with a grade of C or better or a "P" if the course is taken on a "pass-no pass" basis (title 5 § 55063).
4. Certified completion of the California State University General Education-Breadth pattern (CSU GE Breadth) (see page 68 for more information); OR the Intersegmental General Education Transfer Curriculum (IGETC) pattern (see page 69 for more information).
5. Complete requirements in residency. For students in the Ventura County Community College District, a minimum of 12 units must be completed in residency at the college granting the degree.

Students transferring to a CSU campus that does accept the Psychology AA-T will be required to complete no more than 60 units after transfer to earn a bachelor's degree (unless the major is a designated "high-unit" major at a particular campus). This degree may not be the best option for students intending to transfer to a particular CSU campus or to university or college that is not part of the CSU system. Students should consult with a counselor when planning to complete the degree for more information on university admission and transfer requirements.

The following CSU campuses have designated at least one major as "similar" to the Psychology AA-T. Some campuses may also require or recommend specific course selections from choices within the AA-T. Please see a counselor for a comprehensive list of these designated majors and areas of emphasis/options within the Psychology major.

California State University, Bakersfield
 California State University, Channel Islands
 California State University, Chico
 California State University, Dominguez Hills
 California State University, East Bay
 California State University, Fullerton
 Humboldt State University
 California State University, Long Beach
 California State University, Los Angeles
 California State University, Monterey Bay
 California State University, Northridge
 California State Polytechnic University, Pomona
 Sacramento State University
 California State University, San Bernardino
 San Francisco State University
 San José State University
 Sonoma State University
 California State University, Stanislaus

Required Core Courses (9 units):	Units
PSY R101 General Psychology	3
PSY R103 Beginning Statistics for Behavioral Science	3
PSY R104 Intro to Experimental Psychology	3

List A - Required Additional Courses (3 units):

PSY R105	Introduction to Physiological Psychology	3
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List B - Select one of the following courses (3 units):

BIOL R101	General Biology	3
PSY R108	Developmental Psychology	3
PSY R135	Learning and Cognition	3

List C - Select one of the following courses (3 units):

Any course from list B not selected above		3
PSY R107	Sex Roles	3
Total Required Units		18

◆ Psychology**Associate in Arts Degree**

Required Courses:		Units
PSY R101	General Psychology	3
PSY R103	Beginning Statistics for Behavioral Science	3
OR		
MATH R105	Introductory Statistics	5
PSY R104	Intro to Experimental Psychology	3
OR		
PSY R105	Intro to Physiological Psychology	3
PSY R102A	Interpersonal Relations	3
		12 - 14

Required Additional Courses:

Complete one of the following courses:		
PHIL R101	Introduction to Philosophy	3
PSY R104	Intro to Experimental Psychology	3
PSY R105	Intro to Physiological Psychology	3
PSY R108	Developmental Psychology	3
PSY R189A-Z	Current Topics in Psychology	3
SOC R106	Contemporary Family in American Society	3
Plus one of the following:		
PSY R107/ SOC R104	Sex Roles	3
PSY R110	Human Sexuality	3
PSY R111/ CD R108	The Exceptional Child	3
PSY R112	Parent/Child Interaction	3
		6
Total Required Units		18 - 20

Program Student Learning Outcomes

Upon successful completion of the Psychology program students will be able to:

- Demonstrate knowledge of major concepts, theories, and empirical approaches from diverse perspectives of psychology including: biological, developmental, individual, social, learning and cognitive processes.
- Demonstrate an understanding of and apply psychological principles and methods to personal, social and organizational issues in ways that promote self-understanding, personal development and effective relationships, and which enable students to function as more effective members of society.
- Demonstrate critical thinking and creative problem-solving strategies by applying psychological research methods, such as experimental design, data analysis and interpretation.
- Demonstrate effective communication skills appropriate to professional work in psychology.

- Identify and abide by the ethics of psychology including recognition of, understanding of, and respect for socio-cultural complexity and international/global diversity.
- Demonstrate competence in information technologies used for data analysis, research, and presentation.

◆ Community Mental Health Service**Proficiency Award**

This Proficiency Award provides students with entry-level skills to enter the field of Mental Health. Students who successfully complete the requirements for this nine-unit Proficiency Award will acquire a basic understanding and appreciation of mental health services, policy, roles in counseling and interviewing, basic case management and case evaluation. This award will also serve the needs of incumbent workers seeking to advance in their existent position within the field of mental health. In addition, the required courses connected to this proficiency award will serve as a career pathway for high school students who possess an early interest in an occupation within the mental health field.

Required Courses:		Units
PSY R116	Supportive Counseling and Interviewing	3
PSY R117	Introduction to Case Management for Mental Health and Human Services	3
PSY R118	Psychiatric Rehabilitation and Mental Health Recovery	3
Total Units		9

Psychology Courses**PSY R098—Short Courses in Psychology ½-10 units**

Lecture and/or lab hours as required by unit formula
Specialized topics designed to inform or update interested persons in the various disciplines within Psychology.

PSY R101—General Psychology 3 units

3 hours lecture weekly
This course fulfills both transfer and general education requirements. It is required for the psychology major. It is the study of mental processes and human behavior and factors that influence them. The scientific bases of psychology are examined in addition to the Scientific Method. Theories involving biological, sensory and perceptual determinants of behavior are examined in addition to development, motivation, learning, intelligence, personality, mental disorders and treatment. Specific disciplines in the field such as Social Psychology and Health Psychology are explored.
Transfer credit: UC, CSU

PSY R102A—Interpersonal Relations I 3 units

3 hours lecture weekly
The class provides an exploration of personal awareness and interaction. Students will learn to apply psychological principles of human behavior, explore ways of knowing themselves, and learn how they are perceived by others. A combination of experimental and theoretical approaches is used to increase awareness, clarify values, and aid in decision-making. Field trips may be required. The course is to be taught by way of lecture, demonstration and complementary small group problem solving and/or application exercises.
Transfer credit: CSU

PSY R103—Beginning Statistics for Behavioral Science 3 units

Prerequisites: MATH R014, PSY R101.
3 hours lecture weekly
This course is designed for students majoring in psychology, sociology, and anthropology. The emphasis is on the use of statistics in behavioral science research. Topics discussed include procedures in hypothesis testing, descriptive, inferential and correlational statistics.
Transfer credit: UC, CSU

- PSY R104—Introduction to Experimental Psychology** **3 units**
Prerequisites: PSY R101, PSY R103.
3 hours lecture weekly
 This course is designed for prospective psychology majors or minors; the emphasis is on designing, conducting, and writing experimental research in human and animal behavior. It is recommended as a third course for psychology majors.
Transfer credit: UC, CSU
- PSY R105—Introduction to Physiological Psychology** **3 units**
3 hours lecture weekly
 The course provides exploration of physiological basis of behavior. Some topics are neural impulses and sensory processes, neural basis of reinforcement, electrical stimulation of the brain, memory, learning, emotion, biofeedback, split-brain studies, and research on right and left hemispheres. Emphasis is on current research findings and philosophical-moral implications.
Transfer credit: UC, CSU
- PSY R107—Sex Roles** **3 units**
3 hours lecture weekly
 Class explores sex role development and how roles can be changed, role conflicts, common stereotypes of males and females, women as a minority group, aspects of sexuality, and psycho-social implications of the liberation movement; psycho-social aspects of both sex roles are emphasized. (Same as SOC R104)
Transfer credit: UC, CSU
- PSY R108—Developmental Psychology** **3 units**
Prerequisites: PSY R101.
3 hours lecture weekly
 The course explores the path of human physical, cognitive, psychosexual, moral and psychosocial development from the beginning of life through death. The emphasis is placed on normal development patterns using current information, child-rearing practices and their effects on later development. Field trips may be required.
Transfer credit: UC, CSU
- PSY R110—Human Sexuality** **3 units**
3 hours lecture weekly
 The course examines human sexuality with contributions from various disciplines: medicine, biology, psychology, anthropology, sociology, public health. Emphasis is placed on the individual's sexuality in the present. Past practices are also studied.
Transfer credit: UC, CSU
- PSY R111—The Exceptional Child** **3 units**
3 hours lecture weekly
 Characteristics and problems of the developmentally delayed, socially handicapped, and those with emotional problems, as well as the mentally gifted child, will be covered. The class will cover study of issues, and research encountered in these specific areas. Also covered will be resources and techniques for living and working with these children. (Same as CD R108) (2)
Transfer credit: CSU
- PSY R112—Parent/Child Interaction** **3 units**
3 hours lecture weekly
 Explores the challenging role of being a parent. Focuses on a variety of approaches to effective parenting, identifying typical problem areas and dealing with them by prevention or coping strategies, and promoting positive interactions between parent and child. Field trips may be required.
Transfer credit: CSU
- PSY R114—Psychological Issues of the Mexican People in the Southwest** **3 units**
3 hours lecture weekly
 Course analyzes experiences of people of Mexican descent living in the Southwest from a psychological perspective. Examines nature of individual and group conflict, explores problems of social participation in a dominant culture and its psychological implications. Course describes emergence of distinctive identities of people of Mexican descent. (Same as CHST R114.)
Transfer credit: UC, CSU
- PSY R115—Introduction to Public Mental Health** **3 units**
3 hours lecture weekly
 This is an introductory course for students interested in public mental health. An overview of the history of public mental health, the types and functions of agencies, practices, careers, professional ethics, current trends and issues is provided. Field trips may be required.
Transfer credit: CSU
- PSY R116—Supportive Counseling and Interviewing** **3 units**
3 hours lecture weekly
 This course provides an introduction to the skills and techniques of supportive counseling and interviewing. It focuses on developing the skills of listening, responding, building trust, assessment, questioning, reflecting strengths, referral, values, and ethics. Students will learn skills which can be applied to a variety of human services settings where establishing partnerships and embracing cultural diversity are necessary to be a competent helper. Field trips may be required.
Transfer credit: CSU
- PSY R117—Introduction to Case Management for Mental Health and Human Services** **3 units**
Prerequisites: PSY R116.
3 hours lecture weekly
 This course is an introduction to the basic concepts and skills of case management for those working in the mental health or human services fields. It covers philosophy, ethics, concepts, assessment, documentation, recordkeeping, plan development, linking to community agencies, services monitoring and an overview of benefits programs. It emphasizes strength-based, recovery-oriented and culturally-competent approaches to case management and develops the communication, organization, writing, planning and evaluation skills needed by today's case manager. Field trips may be required.
Transfer credit: CSU
- PSY R118—Psychiatric Rehabilitation and Mental Health Recovery** **3 units**
3 hours lecture weekly
 This course is an introduction to the principles and practices used to provide support to persons with psychiatric disabilities as they move through the process of rehabilitation and recovery. It will focus on the values and principles of Psychosocial Rehabilitation and the Mental Health Recovery Movement as well as the methods and skills required for the effective development and delivery of rehabilitation plans and community support services. The course addresses the nature of severe and persistent mental illness, medication management, supported employment and education, dual disorders treatment, the role of the family, Wellness and Recovery Action Plan (WRAP), self-help, and peer delivered services. Field trips may be required.
Transfer credit: CSU
- PSY R131—Abnormal Psychology** **3 units**
3 hours lecture weekly
 Class surveys the various definitions, causes, and treatment methods relative to abnormal behavior. This course covers both psychological and biological theories of abnormal behavior. Topics include diagnosis of abnormal behavior, the clinical syndromes, and the various forms of intervention.
Transfer credit: UC, CSU

PSY R135 Learning and Cognition **3 units**
3 hours lecture weekly

This course presents an overview of the theories of learning, cognition, and human development. Major theories of learning and of psychological, emotional, ethical, and physical development will be covered with emphasis on the application of these theories to real life settings such as schools and other organizations such as alternative schools of education, and the criminal justice system. Field trips may be required.

Transfer credit: CSU

PSY R189—Current Topics in Psychology **½-3 units**

Prerequisites: A previous course in Psychology.

Lecture and/or lab hours as required by unit formula

Courses considering specialized, specific topics in psychology which are not covered in great detail in the general psychology course offerings. Topics to be offered include adolescence, abnormal psychology, aging, parapsychology, mental retardation, modern therapies, human sexuality, behavior modification, hypnosis, humanistic psychology, sex roles and socialization, death and dying, biological feedback, aggression and violence, childhood disorders.

Transfer credit: CSU

PSY R198A-Z—Short Courses in Psychology **½-10 units**

Lecture and/or lab hours as required by unit formula

Courses and/or workshops in selected areas of psychology to meet specific needs of college or community as requested or required. Field trips may be required. (2)

Transfer credit: CSU

PSY R199—Directed Studies in Psychology **1-3 units**

Lecture and/or lab hours as required by unit formula

Designed for students interested in furthering their knowledge of psychology on an independent study basis; assigned problems will involve library, lab, and field work. Course may be taken two times.

Transfer credit: CSU

SOCIOLOGY

Sociology is the study of social relations in groups. Topics include socialization, social stratification, sex roles, race and ethnic relations, social philosophy, the family, population trends and the dynamics of social change. Sociology majors are prepared to transfer to four year colleges and universities so that they may prepare for careers as counselors, teachers, police officers, social workers and human service workers.

For more information, contact:

Marie Butler, Lead Faculty, mbutler@vcccd.edu
 (805) 986-5800, ext. 1941

Career Opportunities

Counselor	Police Officer
Probation/Parole Officer	Public Health Educator
Public Survey Worker	Recreation Director
Statistician	Correctional Officer
Social/Welfare Worker	Private Detective
Social and Human Service Assistant	
Sociologist (Criminologist, Penologist, Industrial, Social Ecologist)	

Faculty

Full-Time	Part-Time	Part-Time
Marie Butler	Jennifer Kalfsbeek	Jan Shear
Linda Chaparro	Elaine Martinez	

◆ Sociology

Associate in Arts in Sociology for Transfer

The Associate in Arts in Sociology for Transfer (Sociology AA-T) is intended for students who plan to complete a bachelor's degree in a similar major at a CSU campus. Students completing this degree are guaranteed admission to the CSU system, but not to a particular campus or major. See page 60 for additional information.

The following is required for all AA-T or AS-T degrees:

1. Minimum of 60 CSU-transferable semester units.
2. Minimum grade point average (GPA) of at least 2.0 in all CSU-transferable coursework. While a minimum of 2.0 is required for admission, some majors may require a higher GPA. Please consult with a counselor for more information.
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5. Complete requirements in residency. For students in the Ventura County Community College District, a minimum of 12 units must be completed in residency at the college granting the degree.

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The following CSU campuses have designated at least one major as "similar" to the Sociology AA-T. Some campuses may also require or recommend specific course selections from choices within the AA-T. Please see a counselor for a comprehensive list of these designated majors and areas of emphasis/options within the Sociology major.

- California State University, Bakersfield
- California State University, Channel Islands
- California State University, Chico
- California State University, Dominguez Hills
- California State University, East Bay
- California State University, Fullerton
- Humboldt State University
- California State University, Long Beach
- California State University, Los Angeles
- California State University, Monterey Bay
- California State University, Northridge
- California State Polytechnic University, Pomona
- Sacramento State University
- California State University, San Bernardino
- San Francisco State University
- San José State University
- California State University, San Marcos
- Sonoma State University
- California State University, Stanislaus

Required Core Courses (9 units):		Units
SOC R101	Introduction to Sociology	3
SOC R102	Social Problems	3
SOC R111	Introduction to Social Research	3
List A - Required Additional Courses (6 units):		
SOC R103	Race and Ethnic Relations	3
SOC R125	Introduction to Statistics in Sociology	3
List B - Select one of the following courses (3 units):		
SOC R104	Sex Roles	3
SOC R106	Contemporary Family in America	3
SOC R116	Crime and Society	3
Total Required Units		18